

# ZulekhaSpirit



January to June 2018 | Volume XVIII

The Voice of Zulekha Healthcare Group



YEAR OF  
**ZAYED**



**DR. ZULEKHA DAUD**  
**HONOURED FOR FIVE DECADES**  
**OF VALUABLE CONTRIBUTIONS**  
**TO THE HEALTHCARE SECTOR IN UAE**

# INDEX

**02**

COVER NOTE

Zulekha Hospital  
LLC

**26**

SUCCESS STORIES

**52**

MEDICAL CHECK-UP CAMPS

**03**

MILESTONES

**29**

ARTICLE

**54**

PROMOTIONAL EVENTS

**04**

CAMPAIGNS

**30**

MEDICAL CHECK-UP CAMPS

**55**

SYNAPSE: CME

**05**

AWARDS & RECOGNITION

**32**

HEALTH AWARENESS TALKS

**56**

NEWS CENTRE

**10**

COLLABORATIONS

**38**

COVER NOTE

ALEXIS

**12**

COMMUNITY INITIATIVES

**39**

HIGHLIGHTS

**15**

WELLNESS INITIATIVES

**42**

RECOGNITIONS

**17**

WELLNESS OBSERVANCE

**44**

WORKSHOPS

**19**

CELEBRATIONS

**46**

ACADEMIC FORUM

**21**

KEY MEETINGS

**47**

WELLNESS OBSERVANCE

**24**

EXHIBITIONS & CAREER FAIR

**51**

HEALTH AWARENESS TALKS

## THE EDITORIAL TEAM

**Mr. Gururaj Rai**

Director Marketing

**Ms. Sameena Khanam**

Senior Manager-PR & Corporate Communication

**Ms. Zainab Chakkiwala**

Marketing Co-ordinator

**Ms. Mansi Agrawal**

Marketing Co-ordinator

**Ms. Helga Nevis**

Copywriter

**Ms. Padmapriya Mohankumar**

Copywriter

**Mr. Jinto Raphel**

Graphic Designer

Conceptualised,

Designed & Published by **Turrino**



Zulekha Healthcare Group has nurtured the spirit of giving over the years. The recent honour conferred upon our Founder and Chairperson, Dr. Zulekha Daud by the UAE and Indian governments is testimony to her unconditional dedication to help the people around her. It is a proud accomplishment for all of us and we encourage you to follow in her footsteps and remain courteous, responsible and compassionate in your actions. As individuals in the larger eco-system, we wish to positively impact lives we touch. With so many influencing factors, sieving the positive thoughts from the negative, remaining cheerful and calm can be hard. Look around, for your own colleagues, family and friends have so much to share. Lighten up. Our newsletter is yet another entertaining and engaging platform for you to know more of what's happening within your workspace and helps you keep moving. Happy reading!



**Mrs. Zanubia Shams – Co-Chairperson**  
Zulekha Healthcare Group

# FROM EDITORIAL DESK

Welcome back to Zulekha Spirit, our half-yearly newsletter with news from our facilities in UAE and India. We have been keeping our readers engaged and interested by constantly sharing stories from our events and initiatives across facilities. Summarizing these updates of the group, we aspire to strengthen the connect between our newcomers, teams and management of the organization.

Just as you flip through the pages, you will know of some very interesting cases our teams have managed successfully helping us stand out among other industry players, employee engagement activities, collaborations, key meetings and more from the first half of the year 2018. Congratulations to all of us for individual and group accolades received during this time. We encourage you to engage and welcome your contributions to the next edition.



## **A LEGACY OF COMPASSIONATE CARE**

Dr. Zulekha Daud, Founder and Chairperson of Zulekha Healthcare Group was honoured by His Highness Sheikh Abdullah Bin Zayed Al Nahyan, Minister of Foreign Affairs and International Cooperation for her five decades of valuable contributions to the healthcare sector in the UAE and her tireless efforts to boost welfare levels for UAE citizens and residents. Dr. Daud is the only Indian persona nominated to receive this honour from The Office of His Highness.

The recognition coincides with the 'Year of Zayed' initiative during which the country is commemorating the indelible legacy of the founding father. It also

comes to reaffirm the deeply-rooted relations between the two countries across different domains. The ceremony highlighted the long-standing relationship between the UAE and India.

The recognition and private meeting took place at The Leela Palace in New Delhi, in the presence of her family including Mr. Taher Shams, Mrs. Zanubia Shams, Aamir Shams, and Dr. Ahmed Abdulrahman Al Banna, the UAE Ambassador to India.



**ZULEKHA HOSPITAL  
SHARJAH INAUGURATED  
THE 24-HOUR  
PAEDIATRIC EMERGENCY  
DEPARTMENT**

Zulekha Hospital launched a 24-hour Paediatric Emergency Department at its Sharjah Hospital in June 2018. The department's services include, but are not limited to, rapid sequence intubation, airway management and mechanical ventilation, defibrillation, paediatric advanced life support, neonatal resuscitation, neonatology and

paediatric services, haemodynamic monitoring, intravenous therapy, laboratory and radiology diagnostics and minor procedures. The newly opened department will soon be adopting the Triage System; which evaluates patients according to the urgency of their case, ensuring priority care for those with serious conditions.



**ZULEKHA HOSPITAL,  
DUBAI AND PHILIPS  
PARTNER TO LAUNCH  
FIRST-OF-ITS-KIND CATH  
LAB IN UAE**

Zulekha Hospital and Philips joined hands to launch the first-of-its-kind Cath Lab in the UAE, equipped with the latest therapy platforms. This is to further strengthen the hospital's outstanding care, and grow its service line through its world-class technology. The lab is the second interventional therapy lab to open at the hospital, following the launch of the

Philips Azurion 7C20 ceiling mounted platform. Philips Azurion 7 is the next generation image-guided therapy platform that allows procedures to be performed easily and confidently, helping to optimise lab performance and provide superior care. This advanced technology enables the hospital to unite clinical excellence with workflow innovation.

# Campaigns



## CHANCE TO CHANGE 2018

Zulekha Hospital launched the Chance to Change, Cervical Cancer Awareness Campaign for the fifth consecutive year in April 2018 at Conrad Hotel, Dubai. The campaign brought together like-minded doctors and professionals to increase the awareness of early screening, vaccination and detection of cervical cancer.

The campaign's ambassador, Dr. Pamela Munster, Department of Medicine (Haematology/Oncology), UCSF and the Director of Early Phase Clinical Trials Unit and Leader, Development Therapeutics Program, UCSF Helen Diller Family Comprehensive Cancer Center, USA was joined by

His Excellency Abdulla Ali Al Mahyan, Member of Executive Council & Chairman, Sharjah Health Authority; Dr. Ibtesam Al Bastaki, Director of Investment and Partnership, Dubai Health Authority; Mr. Abdulla Salem Al Kaabi, Director General Rahma Cancer Patient Care Society; His Excellency Salem Yousef Al Qaseer, Chairman, Labour Standards Development Authority, Government of Sharjah, Shri Vipul, Consul General of India in Dubai; and a host of high profile guests who shared their keen insight on the incidence of the disease in UAE, detection and management of the same.



## SCREEN & SURVIVE 2018

Zulekha Hospital launched the Screen & Survive, Colorectal Cancer Awareness Campaign for the third consecutive year in March 2018 at The Address Hotel, Dubai. The campaign brought together like-minded doctors and professionals to increase the awareness of early screening and detection of colorectal cancer.

The campaign's ambassador, Dr. Adil Daud, Professor, Oncology Director from the University of California along with Dr. Robert Warren, Professor of Surgery, Surgical Oncology at the University of California were joined by experts from Dubai Health Authority and Ministry of Health & Prevention who shared their keen insights on the prevalence of the disease in UAE and how early detection is the key to prevent the disease.



## LOSE MORE WIN MORE 2018

Zulekha Hospital launched the 'Lose More Win More' campaign in support of the UAE's quest to fight obesity, in June 2018. The campaign involved an employee challenge to lose weight with monetary prizes as an incentive. Tackling obesity as a major cause for common diseases was the main purpose of the campaign, which caters not only to spread a healthy lifestyle across the Hospital employees, but also to the wider UAE community. The campaign witnessed an exciting journey by those who challenged themselves to

lose weight and gain self-confidence in the process. Pratheesh Raj, the first prize winner added: "Many of my colleagues were motivated to adapt some of my new healthy practices after seeing my results, and it made a positive difference to the team as a whole." The campaign was a huge success with most of the participants losing over 10 kilos. The hospital looks forward to launch this campaign, year on year and encourage a culture of health consciousness, within the organisation.



Awards &  
Recognition



## DR. ZULEKHA DAUD HONoured WITH LIFETIME ACHIEVEMENT AWARD

Dr. Zulekha Daud, Founder and Chairperson, was honoured with Lifetime Achievement Award at the 'Republic TV Gulf Indian Leadership Summit and Awards 2018' for her immense humanitarian work, in June 2018. The award was presented by Shri. Rajyavardhan Rathore, Indian Minister of State for Youth Affair & Sports and Minister of State for Information & Broadcasting and

Mr. Arnab Goswami, Editor-in-Chief, Republic TV. The awards recognised and celebrated Indian Business Leaders in the Arab World who have excelled in their fields and demonstrated outstanding performances in their roles as business leaders. Mrs. Zanubia Shams, Co-Chairperson joined the panel discussion and shared her mantras of success in business.



**FORBES MIDDLE EAST -  
TOP INDIAN BUSINESS  
LEADERS 2018**

Dr. Zulekha Daud, Founder and Chairperson was honoured on the list of 'Most Powerful and Influential Indian Business Owners in the region for 2018' by Forbes Middle East. Continuing the legacy of this honour were her next

generation leaders including Mr. Taher Shams, Managing Director and Mrs. Zanubia Shams, Co-Chairperson who were honoured on the list of 'Next Generation Leaders for 2018'.



**MRS. ZANUBIA SHAMS  
HONOURED WITH  
EMIRATES WOMEN  
LEADERSHIP AWARD**

Mrs. Zanubia Shams, Co-Chairperson was honoured with the 'Emirates Women Leadership Award' in the Business Category by the Dubai Quality Group (DQG). The award recognises and celebrates women who have

excelled in their fields and demonstrated outstanding performances in their roles as business leaders.



**ZULEKHA HOSPITAL  
HONOURED WITH ALLEEM  
WATER & ENERGY  
EXCELLENCE AWARD AND  
MR. TAHER SHAMS  
HONOURED AS THE  
2018 ALLEEM BRAND  
AMBASSADOR**

Zulekha Hospital was honoured with the prestigious Alleem Water & Energy Excellence Award for Energy Efficiency & Conservation in February 2018. The ceremony held at Sharjah Chamber of Commerce & Industry recognised and celebrated the success of all private enterprises and businesses who are leading the way to showcase and foster clean energy and water solutions, and build a sustainable pathway serving as an inspiration for all like-minded organisations across the GCC.

Furthermore, Mr. Taher Shams, Managing Director, Zulekha Healthcare Group was honoured as the '2018 Alleem Brand Ambassador' at the same ceremony. He received the award from His Excellency Dr. Rashid Alleem, Founder & Executive Chairman of Alleem Investment and Chairman of Sharjah Electricity & Water Authority.



**ZULEKHA HOSPITAL  
HONOURED BY DUBAI  
HEALTH AUTHORITY**

Zulekha Hospital appreciated and honoured by Dubai Health Authority (DHA) among the industry partners for continuous contributions made to the UAE communities through various Corporate Social Responsibility (CSR) initiatives in this Year of Zayed.



**ZULEKHA HOSPITAL  
AWARDED THE DUBAI  
CHAMBER CSR LABEL  
FOR THE H2 2017 CYCLE**

Dubai Chamber of Commerce and Industry recognised and awarded Zulekha Hospital with Dubai Chamber CSR Label for the H2 2017 Cycle in March 2018. Zulekha Hospital receives this recognition for the fifth consecutive year for its sustainable operations and community initiatives. The Dubai Chamber CSR Label serves as a diagnostic framework and management

tool for the participating companies to gauge their approach to CSR and sustainability best practices, and assesses their organisation's impact on the environment and the local community, and it recognises companies implementing outstanding CSR and Sustainability practices in the GCC region.



**ZULEKHA HOSPITAL  
HONOURED WITH GOLD  
SEAL OF APPROVAL  
FROM JCI**

Zulekha Hospital was a proud recipient of the Gold Seal of Approval® from the Joint Commission International (JCI) among the prestigious group of 1000 organisations across the world. JCI, the world's largest healthcare accreditor, recognised Zulekha Hospital in Dubai

and Sharjah for its superior standards, commitment to quality and patient safety. On behalf of Zulekha Hospital, Dr. Rajini Ashok and Mr. Sravan Kumar had received the 'Gold Seal of Approval®' at gala dinner organised by JCI in January 2018.



**SECOND OPINION SERVICE CAMPAIGN RECOGNISED AT FROST & SULLIVAN AWARDS**

Zulekha Healthcare Group was awarded with the prestigious Frost & Sullivan Award for the Second Opinion Service Campaign that was recognised as the 'UAE's Healthcare Brand Campaign of the Year'. The award program recognised companies in the

Middle East that demonstrate a unique approach to doing business in their markets, and deliver exceptional performance in areas such as growth, leadership, technological innovation, customer service, strategic product development, etc.



**ZULEKHA HOSPITAL HONoured BY MINISTRY OF HEALTH & PREVENTION**

Zulekha Hospital was honoured as key contributors in enhancing standards of the healthcare services in Sharjah by the Ministry of Health and Prevention in May 2018. The ministry recognised all

members governed by the advertising protocols laid down by Advertisement Control Empowerment & Health Compliance Department.



**ZULEKHA HOSPITAL  
HONOURED AMONGST  
JCI ACCREDITED  
HEALTHCARE PROVIDERS**

The Ministry of Health and Prevention honoured JCI accredited healthcare providers for their commitment towards maintaining quality standards and contributions to the development of the healthcare sector in the region. His Excellency Dr. Amin Hussain Al Amiri, Assistant Undersecretary for

Public Health Policy and Licensing Sector in the Ministry of Health and Prevention addressed the audience on significance of international accreditations, the need of working together to ensure patient and providers' safety alongside prevention of malpractices in the sector.



**ZULEKHA HEALTHCARE  
GROUP COLLABORATES  
WITH WEEGS (NAMA  
WOMEN ADVANCEMENT  
ESTABLISHMENT)**

Zulekha Healthcare Group and Her Excellency Reem BinKaram, Director of WEEGS (NAMA Women Advancement Establishment) collaborated for various women empowering initiatives. The collaboration will encourage the empowerment of women for better health and better lives.



**ZULEKHA HEALTHCARE GROUP SIGNED MOU WITH SHARJAH HEALTHCARE CITY & UNIVERSITY HOSPITAL, SHARJAH**

Dr. Zulekha Daud, Founder and Chairperson of Zulekha Healthcare Group and His Excellency Abdulla Ali Al Mahyan, Member of Executive Council & Chairman - Sharjah Healthcare City (SHA) and University Hospital Sharjah signed a Memorandum

of Understanding (MOU) to provide discounted healthcare facilities to residents and senior citizens in the Emirate of Sharjah.



**ZULEKHA HEALTHCARE GROUP SIGNED MOU WITH SHARJAH SOCIAL SERVICES DEPARTMENT**

Zulekha Hospital signed a Memorandum of Understanding (MOU) with Sharjah Social Services Department with the aim of improving the ease at which elderly people are admitted to the hospital. Zulekha Hospital is the first private hospital to sign a MOU in this regard. The MOU will cater to the needs of elderly people and focuses on providing comprehensive Fast Track

medical assistance for Cardiac, Orthopaedic and Rheumatology, Neurology and other age-related ailments. The signing ceremony was led by Dr. Zulekha Daud, Founder and Chairperson of Zulekha Healthcare Group and Ms. Khuloud Abdalla, Homecare Management Director of the Sharjah Social Services Department.



**ZULEKHA HEALTHCARE GROUP SIGNED MOU WITH MINISTRY OF COMMUNITY DEVELOPMENT**

Zulekha Hospital signed a Memorandum of Understanding (MOU) with Ministry of Community Development with the aim of easing accessibility of elderly citizens to medical services by providing them with Fast Track Service and a 30% discount on services. Additionally, Dhukhar Card Holders from

across the Emirates can avail the offer upon producing the mentioned card at Zulekha Hospital. The signing ceremony was led by Dr. Zulekha Daud, Founder and Chairperson of Zulekha Healthcare Group and HE Naji Al-Hai Mubarak, Assistant Undersecretary of Social Development Affairs.



**ZULEKHA HOSPITAL DISTRIBUTED HEALTHY IFTAR MEALS**

Keeping in the traditions of Ramadan by encouraging giving, being merciful and generous, particularly to those in need, Zulekha Hospital, in association with Dubai Corporation for Ambulance Services and Dubai Police distributed healthy Iftar meals to the community members.



**ZULEKHA HOSPITAL  
OFFERED  
COMPLIMENTARY  
PHYSIOTHERAPY  
SESSIONS**

Zulekha Hospital stepped forward to help Saira with complimentary physiotherapy sessions at a crucial time to ease her pain due to muscular dystrophy. The hospital learned of

Saira's need for medical attention through Radio channel, City 1016. We wish Saira good health and happiness.



**ZULEKHA HOSPITAL  
INTRODUCES DEDICATED  
HELPDESK FOR DUBAI  
POLICE**

Zulekha Hospital, Sharjah introduced a dedicated helpdesk for Dubai Police's staff & family members as a valued service for the workforce in May 2018. This initiative for the guardians of safety and security in the region is being taken by Zulekha Hospital in association with Neuron, Dubai, the administrator of the Reaaya Health Care program that insures the Dubai Police workforce and

their families. The helpdesk was launched by Dr. Zulekha Daud, Chairperson; Mr. Taher Shams, Managing Director and Mrs. Zanubia Shams, Co-Chairperson along with Major Dr. Khaled Al Behandy, Dubai Police Health Insurance Department; Mr. Ziyad Faour, Head of Marketing, Neuron and other management officials.



**ZULEKHA HOSPITAL  
ORGANISES CANCER  
SUPPORT GROUP  
PROGRAM**

Zulekha Hospital hosted a support group program for individuals who successfully fought cancer and those who are undergoing treatments across the UAE, for an interactive session with specialists and courageous role models who have overcome the disease. The gathering helped them interact with specialists and commoners, sharing positive experiences and lifestyle

changes that had occurred as a result of the treatments. Dr. Pamela Munster, Professor, Department of Medicine (Haematology/Oncology), UCSF; Mrs. Zanubia Shams, Co-Chairperson and other clinical experts engaged with the audience and shared the significance of such support groups.



**ZULEKHA HOSPITAL  
ORGANISES BARIATRIC  
SURGERY SUPPORT  
GROUP**

The Bariatric Center of Excellence at Zulekha Hospital, Dubai hosted a support group program in February 2018 at Intercontinental Hotel, Dubai for individuals who have undergone Bariatric surgeries. The session helped participants to interact with specialists and commoners, sharing positive

experiences and lifestyle changes that had occurred as a result of their Bariatric treatments. Dr. Uday Shankar, Specialist General Surgeon - Advanced Laparoscopy and Bariatric (Obesity) Surgery, Zulekha Hospital, Dubai led the session sharing various aspects, types, and requirements for a Bariatric surgery.



## **INTERNATIONAL YOGA DAY**

As part of the commitment to boost the staff's health and well-being, Zulekha Hospital conducted a special yoga session for the staff, on International

Yoga Day. Dozens of nurses, doctors and admin officers participated in refreshing yoga asanas and meditation.



## **BLOOD DONATION DRIVE AT ZULEKHA HOSPITAL DUBAI**

Zulekha Hospital in association with Dubai Health Authority organised a blood donation camp at the Dubai premises in January 2018. The event was a great success with over 51 donors volunteering to donate blood.

Zulekha Hospital through such CSR events encourages community members to realise the value of giving and experience the joy in standing out to help.



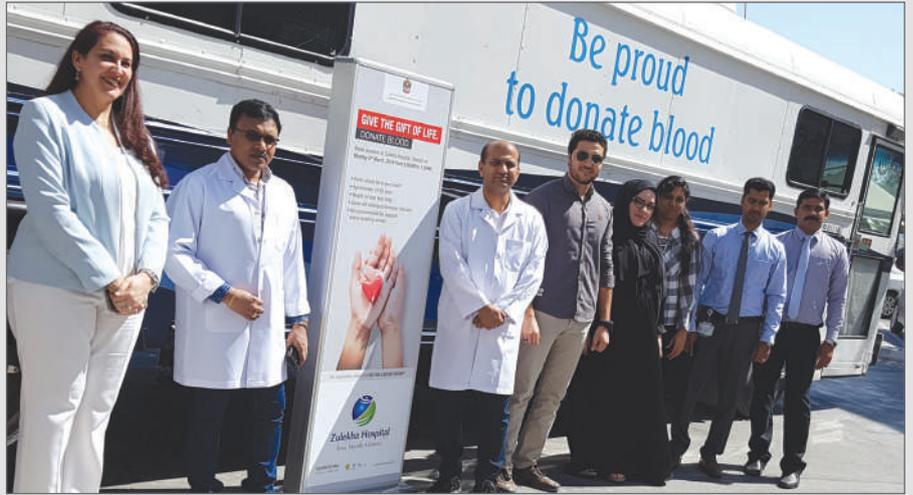
## INTERNATIONAL MAY DAY

Zulekha Hospital in association with Sharjah Health Authority conducted a health check-up camp for the labourers at Sajja Industrial Area on account of International May Day. The offerings included BP, Sugar and Eye tests.



## HANDS-ONLY CPR TRAINING

Zulekha Hospital successfully conducted an exclusive 'Hands-Only CPR Training' in March 2018. The awareness session encouraged more people to learn how to act when they encounter a cardiac arrest and eventually save lives.



## BLOOD DONATION DRIVE AT ZULEKHA HOSPITAL SHARJAH

Zulekha Hospital in association with Ministry of Health & Prevention and Sharjah Blood Transfusion and Research Centre conducted another blood donation campaign at their Sharjah

premises in March 2018. The event was a great success with 45 volunteers collectively donating 20.25 litres of blood at their mobile donation camp.



## WORLD ENVIRONMENT DAY

Zulekha Hospital observed World Environment Day with Dr. Zulekha Daud, Founder & Chairperson along with the management team and other employees by planting saplings in the hospital premises, and also inaugurated the environment-friendly electric car.

The hospital management also gave away 25 bicycles to the staff to ease their commute while improving the individuals' health, wealth and standard of living along with promoting a pollution-free mode of transport.



## EARTH HOUR

Zulekha Hospital observed Earth Hour at the Sharjah and Dubai premises by a candlelight vigil of Zulekha Healthcare Group's 'Earth Friends For Optimum Results Tomorrow (EFFORT)'.

Zulekha Hospital has been actively implementing initiatives that are focused on Energy Conservation since establishing EFFORT in 2008.



## WORLD NURSES DAY

Zulekha Hospital, Dubai and Sharjah celebrated International Nurses Day by recognising the selfless efforts of each and every nurse for the love and care they show to each patient on every opportunity they have to do so.

The theme for this year was 'A Voice to Lead – Health is a Human Right'. The day was filled with competitions, group discussions, inspiring speeches and many more exciting activities.

Celebrations



**GRAND  
RAMADAN  
IFTAR**

Zulekha Hospital hosted its corporate Iftar at The Address Hotel, Marina, Dubai in June 2018. The event was graced by the Consul General of India, Dubai and Government officials from Dubai Health



Authority (DHA), Ministry of Health and Prevention (MOHAP) and the Dubai Police, making it a memorable occasion.



**ZULEKHA  
FAMILY  
IFTAR**

To celebrate the month of traditions and togetherness, Zulekha Hospitals in Sharjah and Dubai organised a memorable Iftar for their staff. The gathering gave staff members an opportunity to connect with each other



at a personal level outside the work environment, making them one big family that works as a team to serve the best interest of our customers.



## **ZULEKHA KNIGHTS' IFTAR**

The month of Ramadan provided for yet another fun-filled Iftar gathering, spreading smiles on the courageous faces of the Zulekha Knights. The group of inspiring cancer survivors and their

supporting family members came together along with the Zulekha Hospital staff and doctors, to share their inspiring stories and experiences.



# **CARDIAC EMERGENCY AT NIGHT?**

**NOW MEET CARDIOLOGISTS  
ALL NIGHT AT NIGHT CLINIC**



**Zulekha Hospital**  
LLC  
Your Health Matters

Key Meetings



**MEETING WITH  
HH SHEIKH DR. SULTAN  
BIN MUHAMMAD  
AL QASIMI, SUPREME  
COUNCIL MEMBER AND  
RULER OF SHARJAH**

Mr. Taher Shams, Managing Director extended Eid Al Fitr greetings and best wishes to His Highness Sheikh Dr. Sultan bin Muhammad Al Qasimi, Supreme Council Member and Ruler of Sharjah.

Zulekha Hospital is highly encouraged and motivated by His Highness' kind words on the hospital's services to the community.



**MEETING WITH HE SAIF  
AL ZARI AL SHAMSI**

Dr. Zulekha Daud, Founder and Chairperson and Mr. Taher Shams, Managing Director met His Excellency Saif Al Zari Al Shamsi, Major General of

Sharjah Police to discuss collaborative initiatives and jointly extend exclusive services to communities in UAE.



**MEETING WITH  
MAJOR-GENERAL,  
ABDULLAH KHALIFA  
AL MARRI AND BRIGADIER,  
DR. ALI MOHAMMED  
HUSSAIN SINGEL**

Dr. Zulekha Daud, Founder and Chairperson and Mrs. Zanubia Shams, Co-Chairperson extended the season's greeting and best wishes to Major-General Abdullah Khalifa Al Marri, Commander-in-Chief of Dubai Police

and Brigadier, Dr. Ali Mohammed Hussain Singel, Director of Dubai Police Health Center, Dubai, UAE. During the visit the team demonstrated the latest innovations in technologies being used in their operations.



**MEETING WITH  
LT. COLONEL MOHAMED  
ABDULLA ALLAY  
AND COLONEL ALI  
AHMED ABDUAL ZOULD**

Mr. Taher Shams, Managing Director expressed the Group's gratitude to Lt. Colonel Mohamed Abdulla Allay, Director of Patrols and Traffic Department and Colonel Ali Ahmed

Abdual Zoud, Director of Licensing Department, Sharjah Police for their continued support over the years in the UAE.



**FORBES MIDDLE EAST HEALTHCARE 2018**

Mrs. Zanubia Shams, Co-Chairperson of Zulekha Healthcare Group joined the panel members including Dr. Azad Moopen – Founder, Chairman and Managing Director, Aster DM Healthcare, Dr. Ibtisam Al Bastaki – Director of Investment and Partnership, Dubai Health Authority, Dr. Thumbay

Moideen – President and Founder, Thumbay Group and Mr. Mohammed Ali Al Shorafa Al Hammadi – Managing Director and CEO, UEMedical at the Forbes Middle East Healthcare Forum 2018 to share her insights on the future of healthcare.



**DUBAI INTERNATIONAL AMBULANCE CONFERENCE (DIAC)**

Dr. Zulekha Daud, Founder and Chairperson graced the inaugural ceremony of 'The Dubai International Ambulance Conference (DIAC)' in March 2018. The event focused on

pre-hospital care where ambulance leaders and stakeholders got to share best practice and ideas on how to improve the way they manage and develop their local services.



**MEDIA LAUNCH OF  
'THE REPORT'  
IN SHARJAH**

Mr. Taher Shams, Managing Director participated in 'Creating the Environment for sustainable economic growth', an exclusive event hosted by Oxford Business Group in partnership with Sharjah Investment and

Development Authority, on occasion of the media launch of 'The Report' in Sharjah. The findings of the research were announced and a panel discussion with key local industry leaders to generate insights was hosted.



Exhibitions &  
Career Fair



**DUBAI INTERNATIONAL  
HEALTH TOURISM FORUM  
(DIHTF)**

Zulekha Hospital supported and participated in the 2-day Dubai International Health Tourism (DIHTF) forum held at the Madinat Jumeirah in February 2018. The event brought together prominent leaders and pioneers from the public and private health and travel sectors, to create a platform for regional and global exchange of knowledge and expertise in the field of healthcare and travel experience.

Mr. Taher Shams, Managing Director, Zulekha Healthcare Group joined other fellow delegates from Dubai Health Authority in welcoming His Highness Sheikh Hamdan Bin Mohammad Bin Rashid Al Maktoum, Crown Prince of Dubai who inaugurated the forum. The group also showcased its latest technical and clinical expertise to enhance patron experiences and provide end-to-end comprehensive healthcare solutions.



## ARAB HEALTH 2018

Zulekha Hospital participated in the prestigious Arab Health 2018 that took place at the Dubai International Convention and Exhibition Centre in January 2018. This year, Zulekha Hospital hosted an INNO robot which was assisting visitors with information of the group's services and organisation as a whole. The Group plans to introduce Robotic pharmacies as well in order to improve efficiencies in administrative tasks, data collections and customer engagements. Mr. Taher Shams, Managing Director and

Mrs. Zanubia Shams, Co-Chairperson met with the UAE healthcare authorities at the forum, expressing their expansion plans, and showcasing the advanced technologies.

Arab Health is the largest gathering of healthcare and trade professionals in the MENA region including numerous business, leadership and Continuing Medical Education (CME) conferences providing the very latest updates and insights into cutting edge procedures, techniques and skills.



## DUBAI HEALTH FORUM

Zulekha Hospital participated in the Dubai Health Forum, hosted by the Dubai Health Authority in January 2018. The forum is in line with Dubai's 2016- 2021 ambitious strategic goals, which focuses on transforming Dubai

into the chosen destination for healthcare treatment and tourism. Healthcare and community experts participated in the forum discussing innovation, technology and investment opportunities.



## INTERNSHIP AND CAREER FAIR, UNIVERSITY OF SHARJAH

Zulekha Hospital participated in the Internship and Career Fair hosted by University of Sharjah in April 2018. The career fair aimed to encourage young local talents to come forward and enrol for internships in their area of

specialisation. Mr. Majid Al-Jarwan, Vice Chancellor for Public Relations presented a certificate of appreciation and gratitude to Zulekha Hospital for their contribution to the success of Internship and Career Fair 2018.



## ZULEKHA HOSPITAL SURGEONS EXCISE NASAL TUMOUR, ENDOSCOPICALLY



Surgeons at Zulekha Hospital, Dubai have successfully excised a rare nasal chondroma, a benign cartilaginous tumour, in a 43-year-old patient. Xavier visited the hospital with a history of nasal blockage and discharge for over six months.

Following an evaluation of the case, Dr. Manoj called for a biopsy of the infection which revealed an extensive lesion. Two days before the surgery, the patient was put on higher injectable antibiotics and IV steroids for managing the infection and regressing the tumour

size following which a team of ENT surgeons including Dr. Manoj, Dr. Naveen Gupta and Dr. Masood Ansari, excised the tumour in its entirety, conducting an endoscopic sinus surgery. The patient was kept stable with the help of Dr. Dhananjay Sanjekar, Specialist Anaesthetist. The patient was discharged after two days and was able to resume work after the seventh post-operative day. Following the surgery, Xavier has regained regular nasal functioning and displays no nasal abnormalities.



**ZULEKHA HOSPITAL  
SURGEON  
RECONSTRUCTS MAN'S  
SEVERED FINGER**



Mr. Sudip Adhikari, a 25-year-old Nepalese expat, had crushed his finger in a sliding door of a vehicle resulting in the amputation of his middle finger. He immediately rushed to Zulekha Hospital with the severed finger but took care to preserve it in ice while he got there.

Dr. Srikanth Varma Racherla, Specialist Orthopaedic Surgeon at Zulekha Hospital, Dubai, performed an urgent

surgical procedure to reconstruct the lost anatomy of the finger. A special surgical procedure called Graft Reposition over the Flap [GRF] was used to reconstruct the fingertip while Cross Finger Flap (CFF) was used to restore the sensation and original form needed for pain-free finger function. The flap division procedure was completed after two weeks and the patient recovered good function both in the donor and recipient fingers.



**ZULEKHA HOSPITAL  
INTRODUCES NEW  
TECHNIQUE FOR LIVER  
AND PELVIC CANCER  
TREATMENT**

Experts at Zulekha Hospital, Sharjah successfully treated a 51-year-old Egyptian patient using the latest CT-guided Percutaneous Microwave Ablation (MWA) Technique. The patient had been suffering for over 2 years from rectal cancer and recurring metastasis (which is spread caused by a cancerous tumour).

The patient had undergone various surgeries for liver metastasectomy. However, continuous recurrences made her consult Dr. Fadi Alnehlouei, Surgical Oncologist & General Surgeon who was supported by Dr. Amro Adnan Kabakbjy, Specialist Interventional Radiologist at Zulekha Hospital, Sharjah.

Without delay, the tumour board team of experts at the hospital including medical oncologists, radiologists and surgeons discussed the course of action and doctors carried out the CT-guided Percutaneous Microwave Ablation (MWA) as the case was delicate. This technique is the recent advent in treating metastatic cancers and is effective, reliable and a minimally invasive method of treatment. A week after the procedure; the patient was discharged and advised to be on regular diet, avoiding excessive strain on her body.



# GET A SECOND CHANCE AT LIFE WITH A FREE SECOND OPINION

• DIAGNOSIS • TREATMENT • PROCEDURES



**Zulekha Hospital**  
L.L.C.  
Your Health Matters



DUBAI | SHARJAH  
Call 600 52 4442

[zulekha Hospitals.com](http://zulekha Hospitals.com)



**Dr. Erum Saba**  
Specialist - Obstetrics and Gynaecology  
Zulekha Hospital, Dubai



## HEALTHY HINTS FOR A GOLDEN HEART

Here is something I have learnt from my personal experiences and I would like to share these simple things with one and all.

- You should live life the way you want to and the way you've always dreamt of. It's hard but there comes a time when it really happens! Be patient.
- Avoid hurting anyone, try to win over the hearts of everyone and influence the people around you with love, not ruling by power. We must try to make this world a better place for everyone to live in. Everyone around you is moving with his/her bag of tensions so instead of expressing your tensions to others try to be a tension reliever, a friend, a problem solver and try to bring a smile to everyone's face with your positive energy.
- Never take revenge instead always try to forgive, forget and move forward because it's the best way to succeed in life! Try to avoid negative people instead of fighting back with them and wasting your time. Try to be good to people who've done bad to you and see how the world around you change! Vengeance and anger is more harmful to your own health compared to the person you are angry with. Making others happy around us is the best form of emotional therapy for your own soul.
- Always be thankful to Almighty for what you have, instead of complaining about what you don't and see the magic! Things will start growing more and more and more. Health is the best gift of God and we mostly forget to thank him for living with parts of our body working in perfect harmony.
- Life is too short to waste on complaining, being angry or jealous. Enjoy each moment, be positive, help others, and be polite, humble and friendly. Speak your heart out don't hide your emotions.
- Listen to your inner voice. Two things in life should be of your choice, firstly, your life partner and secondly profession because this is lifelong. Marry the person you love and choose the profession which you can love to pursue all your life and life will be awesome.

# Medical Check-up Camps



In line with the group's corporate social responsibility objective of giving back to the communities, Zulekha Hospital in Sharjah conducted a Free Eye Screening and Health Check-up Camp for the Elderly patients from Ministry of Community Development - Ajman Elder Care Centre.

Zulekha Hospital organised a health check-up camp at Noaf Park in March 2018. The camp offered free check-ups for BP, BMI, random blood sugar and cholesterol.



Zulekha Hospital organised an Health Awareness Talk at Al Bustan Center. During the session Ms. Shadan Rizvi, Nutritionist, from Zulekha Hospital, Dubai; addressed the audience and spoke on healthy lifestyle and dietary modifications.



Zulekha Hospital set up a medical camp at the Sharjah Ladies Club in February 2018.

Zulekha Hospital organised a medical camp for the Bohra Community in January 2018.



Zulekha Hospital's Nurses conducted a first aid training camp at Transguard Group in March 2018.

Zulekha Hospital organised an ECG camp in April 2018 for the employees of Megarme Company.



# Health Awareness Talks



Dr. Amani conducted a Health talk in March 2018 at Bhima, focusing on topics like the mental health of the mother and child, effective parenting, communication between mother and child, overcoming failures, etc.

Dr. Rupesh Singh, Specialist Cardiologist at Zulekha Hospital, Sharjah delivered an informative presentation at Gulftainer in March 2018. He spoke about the various ways in which one can prevent a heart attack.



Ms. Shugufra Meraj, Dietician delivered a health talk at 'The Little Angel British Nursery' in March 2018 on healthy eating habits.

Dr. Laxmi Yaliwal from Zulekha Hospital, Dubai conducted a health awareness talk on cervical cancer in May 2018 at Meydan Hotel.





Dr. Arif Adenwala from Zulekha Hospital, Sharjah conducted a health talk on Lasik awareness in January 2018 at the American College of Dubai.

Ms. Elizabeth Mathew, dietician from Zulekha Hospital, Dubai; gave a health awareness talk on Nutrition in February at CMAFIL, FZC.



Ms. Nafeesa Ahmed, Clinical Dietician & Director - Nutrition & Lifestyle Management from Zulekha Hospital, Dubai conducted a health awareness session at J Ray McDermott in March 2018.

Dr. Pranay Girdhari Taori from Zulekha Hospital conducted a health awareness talk on colorectal cancer at Al Naboodah Group in April 2018.





Dr. Pranay Girdhari Taori from Zulekha Hospital conducted a health awareness talk on colorectal cancer at Eros Group in April 2018.

Dr. Sivaprakash Rathanaswamy, from Zulekha Hospital, Sharjah; conducted a health awareness talk on colorectal cancer at Gulf Agency company.



Dr. Uday Shankar from Zulekha Hospital, Dubai; conducted a health awareness talk on colorectal cancer at Imdaad Group in April 2018.

Dr. Parag Rane from Zulekha Hospital, Sharjah, conducted a health awareness talk on colorectal cancer at GulfTainer Company in April 2018.





Dr. Uday Shankar from Zulekha Hospital, Dubai; conducted a health awareness talk on colorectal cancer at MKM in April 2018.

Dr. Pranay Girdhari Taori from Zulekha Hospital conducted a health awareness talk on colorectal cancer at MKM in April 2018.



Dr. Arif Adenwala from Zulekha Hospital, Sharjah; delivered a talk on Lasik awareness in April 2018 at GulfTainer company.

Dr. Jagpreet Singh Deed from Zulekha Hospital, Sharjah; conducted a health awareness talk on colorectal cancer in April 2018 for the employees of Musafir.com





Dr. Sivaprakash Rathanaswamy, from Zulekha Hospital, Sharjah; conducted a health awareness talk on Colorectal Cancer in April 2018 for the employees of Air Arabia.

Dr. Laxmi Vijay Yaliwal conducted a health awareness talk on Cervical Cancer in May 2018 for the staff of Media One Hotel.



Dr. Rekha Patidar, from Zulekha Hospital, Dubai; conducted a health awareness talk on Cervical Cancer in May 2018 at MKM.

Dr. Pranay Girdhari Taori from Zulekha Hospital conducted a health awareness talk on Cervical Cancer in May 2018 at MKM.





# MOTHERHOOD IS A LIFE-CHANGING JOURNEY

1313, Survey No.-232, Mankapur Square, Koradi Road,  
Nagpur – 440 030 Maharashtra, India, Tel.: +91 712 712 0000

[www.alexishospital.com](http://www.alexishospital.com)

 alexishospital  alexishospital  alexishospital  alexishospital





# WE ARE RAISING THE BAR OF QUALITY HEALTHCARE.

## **ALEXIS MULTISPECIALITY HOSPITAL AWARDED WITH NABH ACCREDITATION**

Alexis Multispeciality Hospital received NABH Accreditation, the highest national recognition and a mark of quality patient care and safety from the National Accreditation Board for Hospitals & Healthcare Providers (NABH), which is a constituent board of Quality Council of India in May 2018. The recognition is received after successful assessment of not only the clinical aspects but also the governance of the hospital, driven based on clear and transparent policies and protocols.

NABH is equivalent to JCI and other International standards including HAS: Haute Autorite de Sante, Australian Council on Healthcare Standards, the Japan Council for Quality in Health Care, and the National Committee for Quality Assurance in the United States. Its standards have been accredited by ISQUA the apex body accrediting the accreditors hence making NABH accreditation at par with the world's most leading hospital accreditation.



Highlights



### **CENTRAL INDIA'S MOST ADVANCED BRACHYTHERAPY UNIT LAUNCHED AT ALEXIS**

Alexis Multispeciality Hospital introduced one of the best and most advanced Varian GammaMedplus™ iX HDR Brachytherapy Unit in May 2018. This is the first image-guided MRI based Brachytherapy in Nagpur and the most advanced HDR Brachytherapy to be

offered in the entire Vidarbha region as well as Central India. This addition makes Alexis a comprehensive centre for the treatment of primary and most advanced cases of cancer.



### **ONCO SUMMIT 2018**

Alexis Multispeciality Hospital in association with Indian Medical Association, Nagpur and AOI Vidarbha Chapter, VSHNO & FHNO hosted Onco Summit'18 in May 2018. The 2nd edition of Medical Conference was about 'Updates in Management of Head & Neck Cancers'. More than 250 distinguished clinical delegates from Local and Periphery attended the Summit. Eminent Speakers, Dr. Kumar Prabhash, Medical Oncologist, Dr. J P Agrawal, Radiation Oncologist, Dr. Devendra Chaukar, Head & Neck Onco Surgeon from Tata Memorial Hospital and Dr. Nikhilesh Borkar,

Sir HN Reliance Foundation Hospital enlightened the medical fraternity with their vast clinical experience and expertise to deal with the patients having Laryngeal Malignancies.

The summit covered the latest updates in the fields of Medical, Surgical & Radiation Oncology treatment modalities along with a debate on Laser vs. Radiation Therapy for Management of Early Laryngeal Malignancies. The event was supported by Fresenius Kabi, INTAS Oncology, NATCO Oncology, Alkem Cytomet, Aureate Healthcare and AXIS Bank Limited.



## CHANCE TO CHANGE 2018

Alexis Multispeciality Hospital launched the second edition of Chance to Change, a Cervical Cancer Awareness Campaign in April 2018. The campaign launch event was led by the campaign ambassador, Dr. Pamela Munster, Department of Medicine (Haematology/Oncology), UCSF and the Director of Early Phase Clinical Trials Unit and Leader, Development Therapeutics

Program, UCSF Helen Diller Family Comprehensive Cancer Center, USA along with Mrs. Zanubia Shams, Co-Chairperson of Zulekha Healthcare Group. The event brought together like-minded doctors and professionals to increase the awareness of early detection and prevention of Cervical Cancer.



## COLORECTAL CANCER SYMPOSIUM 2018

Alexis Multispeciality Hospital hosted a symposium on Colorectal Cancer led by Dr. Adil Daud, Prof. Haematology – Oncology, Director – Melanoma Program, University of California, San Francisco, USA and Dr. Robert S. Warren, Chief – Surgical Oncology, University of California, San Francisco, USA in March 2018. While Dr. Adil Daud spoke on the medical management perspective of recent advances in diagnosis and management of colorectal cancer, Dr. Robert S. Warren took to the surgical management perspective.

A case-based panel discussion on the diagnosis, evaluation and management of Colorectal Cancer was held. Dr. Abhijit Deshmukh, Gastroenterologist, D. Amol Dongre, Medical Oncologist, Dr. Suraj Agrawal, Onco Surgeon, Dr. Chandani Hotwani, Radiation Oncologist and Dr. Prakash Jain, (General Surgeon) along with Dr. Mahesh Deshmukh, Histopathologist and Dr. Niraj Kanchankar, Radiologist shared their insights on the case as panel members.



### **BUNDLE OF JOY**

Alexis Multispeciality Hospital commemorated the hospital's 100+ successful deliveries since its commencement by celebrating those special babies and the mothers. On account of this milestone, Alexis also launched its Mother and Child initiative,

'Bundle of Joy'. The initiative recognised and felicitated all the mothers and their babies born in the hospital.



### **SAMMAN CLUB LAUNCH**

Alexis Multispeciality Hospital formally launched Samman Club, a wellness initiative exclusively for senior citizens by inviting eminent doctors,



media personnel and corporate guests. The initiative offers special discounts on OPD and IPD among other exclusive offerings.



**DIALYSIS CONNECT WORKSHOP**

The Department of Nephrology at Alexis Multispeciality Hospital conducted a workshop named 'Dialysis Connect', a patient engagement activity at the hospital. About 32 patients attended the workshop and learned

about Anaemia Management and recent treatment options presented by Dr. Nishant Deshpande, Nephrologist & Renal Transplant Physician.



**ALEXIS MULTISPECIALITY HOSPITAL AWARDED WITH IGBC'S LEED CERTIFICATE IN THE 'GOLD' CATEGORY**

Alexis Multispeciality Hospital has been awarded with IGBC's LEED certificate in the 'Gold' Category. We are the first in Nagpur and Central India to have LEED accreditation in all Categories of

Business Establishments. We rank 3rd in the list of 78 establishments across India to have obtained the LEED certification in healthcare sector.



**ALEXIS MULTISPECIALITY HOSPITAL RECEIVES ISO 50001:2011 & ISO 14001:2015**

Alexis Multispeciality Hospital is now certified with Top Indian ISO Certifications including Top Indian ISO 50001:2011 for Energy Management System Certification and ISO 14001:2015 for Environmental Management System. The certifications reassure that

Alexis Hospital's energy management and environmental management systems meet international industry-specific standards.



**ALEXIS MULTISPECIALITY HOSPITAL RECEIVES ISO/IEC 20000-1:2011, ISO 22301:2012 & ISO/IEC 27001:2013**

Alexis Multispecialty Hospital is certified with the Top Indian IT ISO Certifications of Indian Information Technology Service Management System - ISO/IEC 20000-1:2011; Business Continuity Management System - ISO 22301:2012; Information Security Management System - ISO/IEC 27001:2013. These

certifications endorse Alexis' drive towards improving operational efficiency and its commitment to service excellence.



**ALEXIS  
MULTISPECIALITY  
HOSPITAL AWARDED  
THE CLEANEST  
HOSPITAL**

Alexis Multispeciality Hospital was awarded the Cleanest Hospital by Nagpur Municipal Corporation (NMC) Health Department in Zone 10, Nagpur under the Swachh Bharat Abhiyan on Indian Republic Day in January 2018.

Dr. Jatinder Arora, Director Administration, received the award on behalf of Alexis Multispeciality Hospital, Nagpur.



**BASIC LAPAROSCOPIC  
WORKSHOP**

Alexis Multispeciality Hospital hosted a one-of-its-kind Basic Laparoscopic Workshop. The Workshop was organised in association with Johnson & Johnson who helped with the dummy Laparoscopic set-ups (Beetles) for practical exposure. This was the first workshop held in any private hospital so far, in Central India. The workshop comprised the nuances of Basic Hands and Eye coordination for the beginners

to help them understand the most advanced and the safest approach of Laparoscopy for most of the surgeries. The workshop also covered the practical exposure to Staplers and effective use of the same to minimise the surgery time duration and also to have the precise suturing for laparoscopic surgery.



**BASICS OF ECG WORKSHOP**

Alexis Multispecialty Hospital organised a workshop on "Basics of ECG". 52 general practitioners attended the sessions. Dr. Rishi Lohiya and Dr. Shoeb

Nadeem, both Interventional Cardiologists, at Alexis were the faculties for the sessions.



**MECHANICAL VENTILATION WORKSHOP**

Alexis Multispecialty Hospital hosted PEDICON - 2018 Nagpur, the 55th National Conference of Indian Academy of Paediatrics, that conducted a workshop on Mechanical Ventilation. About 31 registered delegates and 20 exclusive attendees from PEDICON - 2018 participated in the workshop. Dr. Sunit Singhi, Professor and HOD of Paediatrics Medicine at PGIMER, Chandigarh and Dr. Atul Jindal,

AIMS, Raipur along with specialist from Alexis including Dr. Ramesh Kumar, Dr. Bhaskar Gupta and Dr. Jatinder Arora, Director Administration were present at the workshop.



## STERILISATION ASSURANCE WORKSHOP

Alexis Multispecialty Hospital conducted a 3-day Sterilisation Assurance Professional Course for the CSSD team members. 19 CSSD staff from various hospitals in Nagpur attended the professional classroom and practical training course conducted by 3M Health Care Academy. The 3 days' course briefly covered the fundamentals of sterilisation; NABH and JCI accreditation regulatory standards; fundamentals of cleaning and

decontamination; instrument preparation and packaging; steam and low-temperature sterilisation; sterility assurance and documentation; handling of high-risk infected equipment; infection control in CSSD along with endoscope reprocessing.



## 1ST ALEXIS CLINICAL MEET

Alexis Multispecialty Hospital initiated an academic forum, wherein Clinicians from their respective specialties presented interesting cases. Dr. Shweta Bhandarkar shared a case from the Department of Paediatrics, and Dr. Anirudha Sonegaonkar from the Department of Orthopaedics presented

a case of fever in a post-operative patient. The clinical meeting started with a presentation from Dr. Rishi Lohiya, Interventional Cardiologist on Newer guidelines on Newer Novel Oral Anticoagulants.



**2ND ALEXIS  
CLINICAL MEET**

Alexis Multispeciality Hospital conducted the 2nd session of academic forum by the clinicians for the clinicians. Consultants presented their roles and knowledge from their respective speciality on "Liver Transplantation".

The sessions were conducted by Dr. Prakash Jain on "Surgical perspective of Liver transplantation" followed by a presentation on "Overview of Liver Transplantation" by Dr. Amit Gulhane.



**INTERNATIONAL  
DAY OF YOGA**

Alexis Multispeciality Hospital organised an exclusive Yoga session for its staff members on account of International Day of Yoga in June 2018. The event

helped raise awareness on the many benefits of practising yoga that brings good health and peace.



## **WORLD ENVIRONMENT DAY**

Alexis Multispeciality Hospital planted trees in the premises and distributed saplings to the staff on the occasion of World Environment Day in June 2018. As part of the celebration, the management also gave away eco-friendly jute bags to the first

50 patients (registered) on the same day. Everyone took the pledge to contribute towards making our environment clean and green.



## **INTERNATIONAL NURSES DAY**

Alexis Multispeciality Hospital extended gratitude to every nurse on the occasion of International Nurses Day in May 2018. The theme for this year was 'A Voice to Lead - Health is a Human Right'. The day was filled with

competitions, group discussions, inspiring speeches and many more exciting activities.



## **INTERNATIONAL WOMEN'S DAY**

Alexis Multispeciality Hospital celebrated the most generous, passionate, and audacious women workforce on International Women's

Day in March 2018. The day was filled with motivational speeches and other exciting activities.



## **NATIONAL DOCTORS DAY**

Alexis Multispeciality Hospital celebrated Doctors Day with the inspiring group of doctors in July 2018. Alexis thanked every doctor for being such generous human and treating every patient with compassionate care.



## WORLD BLOOD DONOR'S DAY

Alexis Multispeciality Hospital in association with Lifeline Blood Bank had organised a blood donation drive at Alexis Auditorium in June 2018. The event was organised on account of World Blood Donor's Day. Overall, the blood donation drive was successful

and helped raise awareness in the community about the joy of helping others in need and the value of giving the gift of life.



## WORLD BRAIN TUMOUR DAY

Alexis Multispeciality Hospital organised an awareness session on early detection and management of brain tumours on the occasion of World Brain Tumour Day in June 2018. Dr. Abhishek Wankar, Neurophysician, Dr. Hussain Bhati, Brain

& Spine Surgeon and Dr. Vishal Bhasme, Neuro & Spine Surgeon were the orators for the awareness talk.

# Health Awareness Talks

Alexis Multispeciality Hospital organised a Health Awareness Talk for the students and teachers of Kidzee Kindergarten, Nagpur. Dr. Bhaskar Gupta, Paediatrician, spoke about 'Childcare & Prevention of Injuries'.



Alexis Multispeciality Hospital organised a Health Awareness Talk the public assembled at Sankrat Mela conducted by Lokmat Sakhi Manch. Dr. Rajni Gupta and Dr. Sakshi Gaikwad, both Consultant Obstetrics & Gynaecology, spoke about 'Preventive Health Care for Women'. More than 850 women were present for the occasion.

Alexis Multispeciality Hospital organised a Health Awareness talk for the employees of TCS, Nagpur. Miss Nazneen Siddique, Dietician at Alexis Hospital shared myths and facts on "Nutrition & Lifestyle Management".



# Medical Check-up Camps



Alexis Multispeciality Hospital organised a routine health check-up camp for the employees of Maximes Synergizing Innovations, Nagpur. 54 employees out of 60 were evaluated by our medical officer along with basic health check-up.

Alexis Multispeciality Hospital organised a free cardiac check-up camp at Fakhri Hall Hakimi Masjid, Shantinagar. 81 people availed free basic health check-up and ECG along with consultation by Dr. Shoeb Nadeem, Interventional Cardiologist at Alexis in the presence of Shk. Shabbirbhai Master, Vali Mulla Saheb and Mulla Hatimbhai Dhamangaonwala, Secretary, Anjuman-e-Ezzy Dawoodi Bohra Jamaat.



Alexis Multispeciality Hospital organised a free Brain & Spine check-up camp at Alexis premises. 116 people from the locality availed free consultation from Dr. Hussain Bhati, Brain & Spine Surgeon. Most of the patients had symptoms like head and spine pain, numbness in few body parts, past brain injuries, brain and spine tumours, etc.



Alexis Multispeciality Hospital in association with Badnera - Amravati Raktapedhi Social Group, organised a basic health check-up camp at Jai Hind Maidan, Badnera for the benefit of local citizens. In the camp, all the vital Investigations were offered free of cost to everyone. This social initiative benefited more than 300 people from the nearby periphery.

Alexis Multispeciality Hospital organised a free urology check-up camp at Shadab Diagnostic Center, Amravati. More than 80 patients from the town availed free consultations from Dr. Juned Shaikh, Consultant - Urology.

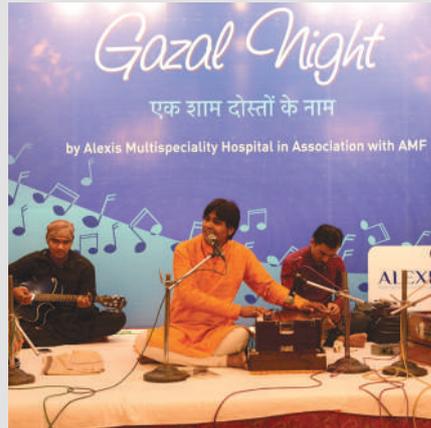


Alexis Multispeciality Hospital organised a 2-day health check-up camp for the students of St. Joseph CBSE school, Godhani, Nagpur. The camp included complete anthropometric assessment along with vision test and Paediatric evaluation. Dr. Bhaskar Gupta and Dr. Shweta Bhandarkar both Consultants - Paediatrics & Neonatology along with their team evaluated 195 students.

Alexis Multispeciality Hospital, in association with Sai Samadhi Shatabdi Mahotsav, organised a free health check-up on the occasion of the centenary year of Sai Baba's samadhi, Saibaba Sansthan Trust of the Shirdi. 425 devotees availed free cardiac check-up. The camp was conducted by a team of specialists including Dr. Mohammad Khalilullah, Interventional Cardiologist who is a Padma Shri and Padma Bhushan award holder.



## Promotional Events



Alexis Multispeciality Hospital in association with Association of Medical Faculties (AMF), Nagpur organised a Gazal Night, 'Ek Shaam Dosto ke Naam'. The event was conducted in the presence of Dr. Vinod Sukhija, President, AMF and Dr. Umesh Hassani, Secretary, AMF along with 125 renowned doctors from the town to enjoy the musical night.

Alexis Multispeciality hospital participated in a musical program organised by "Aaji Aajoba Jyeshtha Nagrik Mitra Mandal, Deendayalnagar, Nagpur" as part of the local community's health awareness initiative. It was a celebration of beginning of the new year for Maharashtra Community, and it was attended by more than 800 people from nearest vicinity along with Mrs. Nanda Jichkar, Mayor of Nagpur who was the Chief Guest for the event.



Alexis Multispeciality Hospital participated in Ojaswini Trade Fair at Jabalpur. The 5-day fair concluded with more than 1000 footfalls at the Alexis desk and 115 of them registering for further follow-up at the Alexis Hospital. People across Jabalpur, Katni, Bhopal and Gadawara attended the trade fair.

Alexis Multispeciality Hospital in association with Lokmat Sakhi Manch organised a panel discussion on 'Multidisciplinary Approach to Diabetes Management'. The event was promoted as 'Sugar Sangit' as it was an educative discussion along with musical interpretation on multi-management in the treatment of diabetes. The event was led by specialists from the hospital.





Alexis Multispeciality Hospital hosted Synapse, a Continuing Medical Education on the 'Recent Trends in Cardiac Surgery & Hypertension' presented by Dr. Puneet Jandial and Dr. Rishi Lohiya in Bhandara, Maharashtra. The Synapse was organised in association with NIMA, Bhandara.

Alexis Multispeciality Hospital hosted Synapse, a Continuing Medical Education on the 'Basics of Chemotherapy & Alcoholic Liver Disorder' presented by Dr. Arif Khan and Dr. Amit Gulhane in Nagpur. The Synapse was organised in association with IMA, Chhindwara.



Alexis Multispeciality Hospital in Association with Lions Club of Nagpur Medicos conducted Synapse, a Continuing Medical Education program on "Onco Updates'18". Dr. Suraj Agrawal and Dr. Arif Khan shared updates on Medical and Surgical treatments of Cancer along with Dr. Puneet Seth sharing insights on Basics of Radiotherapy in Treatment of Cancer.

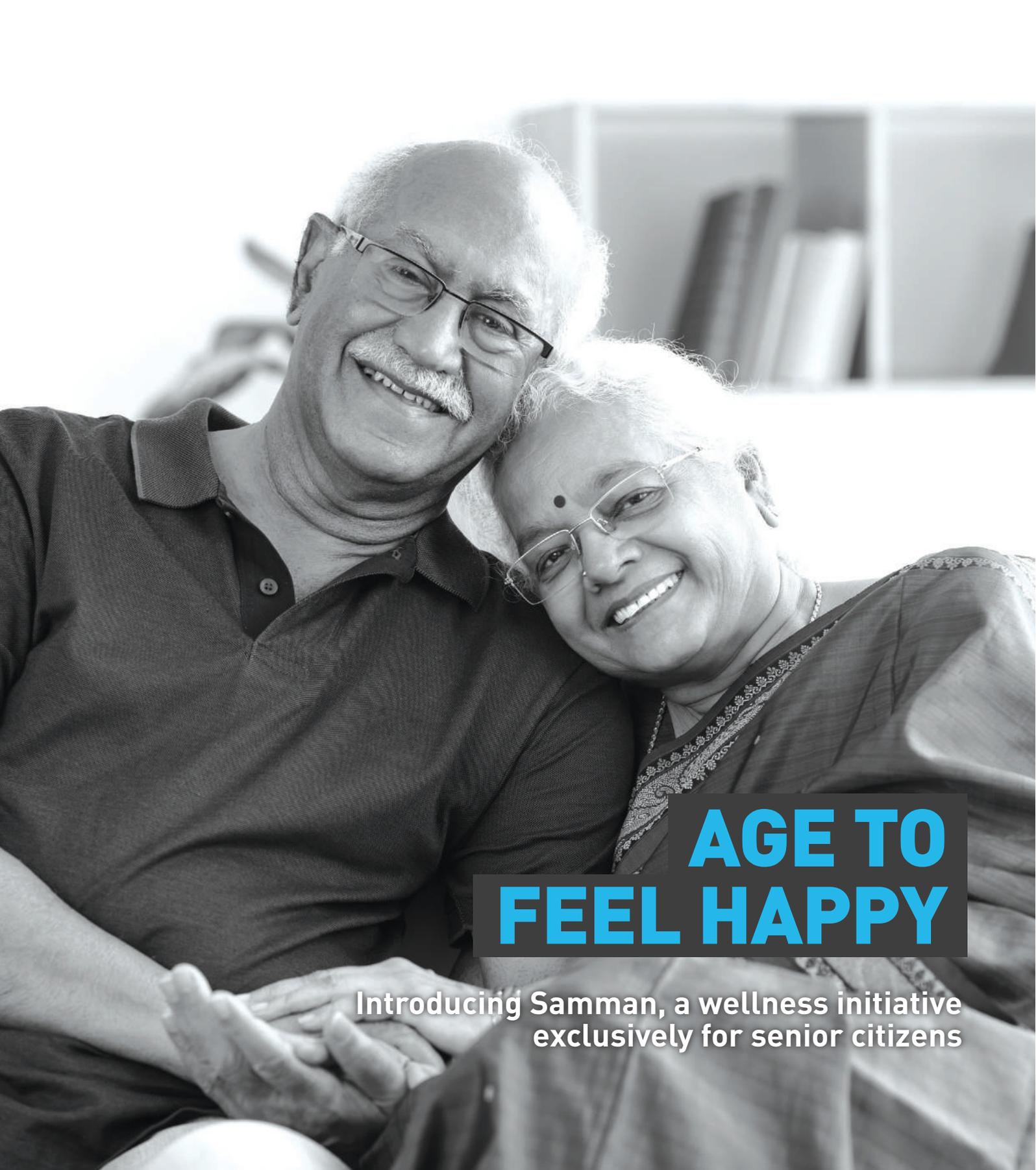


Alexis Multispeciality Hospital hosted Synapse, a Continuing Medical Education on the 'Recent Advances in Management of Osteoarthritis & Joint Replacement Surgery' presented by Dr. Alankar Ramteke in Chandrapur, Maharashtra. The session also included topics like 'Updates in Diabetes Management' presented by Dr. Jayant Kelwade and 'Non-Alcoholic Fatty Liver Disorders' presented by Dr. Amit Gulhane.

Alexis Multispeciality Hospital hosted an in-house CME for all the resident medical officers and the consultants. Dr. Rishi Lohiya, Consultant: Interventional Cardiology shared the updates on 'recent advances' in OAPs in Managing ACS - Guidelines and Data Point.



Dr. Jatinder Arora, Director Administration, on behalf of Alexis Multispeciality Hospital, hosted Dr. Miroslaw Ferenc of University Heart Center from Bad Krozingen, Germany, for discussions and proctorship workshop on complex intervention procedures. Dr. Miroslaw Ferenc is one of the most renowned Interventional Cardiologists and founder member of European Bifurcation Society. Under his guidance Dr. Shoeb Nadeem and Dr. Rishi Lohiya, Interventional Cardiologists at Alexis successfully performed two complex Coronary Angioplasties.



# AGE TO FEEL HAPPY

Introducing Samman, a wellness initiative exclusively for senior citizens

1313, Survey No.-232, Mankapur Square, Koradi Road,  
Nagpur – 440 030 Maharashtra, India, Tel.: +91 712 712 0000

[www.alexishospital.com](http://www.alexishospital.com)

 alexishospital  alexishospital  alexishospital  alexishospital



**ALEXIS**  
PARTNERS IN GOOD HEALTH



**SOMETIMES A KIND HUG DOES  
THE MAGIC THAT VACCINES DON'T.**

At Zulekha Hospital, we value the trust you place in us and make sure every treatment plan we prescribe is personalized and results in your happiness and wellbeing. Bolstered by state-of-the-art healthcare facilities in Sharjah and Dubai, our commitment to provide compassionate care continues through the past 52 years. Reach out to us in your time of need and we will take care because your health matters to us.



**Zulekha Hospital**  
L.L.C.  
Your Health Matters



DUBAI | SHARJAH  
Call 600 52 4442

[zulekhahospitals.com](http://zulekhahospitals.com)