United Arab Emirates (U.A.E.) is a country on the west coast of the Persian Gulf consisting of seven Emirates - Abu Dhabi, Dubai, Sharjah, Ajman, Umm Al-Quwain, Ras Al-Khaimah and Fujairah. The United Arab Emirates is situated on a peninsula in the Arabian Gulf and was formed in 1971. This fast-developing coastal nation is bordered by Oman to the east and Saudi Arabia to the west and South Iran is the closest country to it from the north. The UAE has emerged as a global hub for financial services, logistics, tourism, hospitality and trade, and is steadily growing in other sectors including healthcare. The healthcare sector has seen phenomenal growth as medical tourists from overseas have access to a highly-qualified pool of multi-disciplinary medical professionals, choice of world-class facilities, absence of long waiting lists, value for money and a pleasant environment for post-recovery, leaving little wonder why it is one of the world’s fastest growing medical tourism hubs.

**ABU DHABI**: Abu Dhabi is the federal capital of the United Arab Emirates and the largest of the seven emirates. The emirate comprises 200 islands and has 700 kilometres’ coastline. The world’s largest hand-knotted carpet, the fastest rollercoaster, the highest high tea, the tower with the greatest lean, the largest cluster of cultural buildings of the 21st century is all to be found right here.

**DUBAI**: This is the most vibrant Emirate of the UAE and summarises the ambitious attitude of the nation. Dubai’s cosmopolitan flavour is matched by the city’s restaurants and entertainment venues, which provide a truly international array of choices for the visitor. Dubai has a year-round sunny climate with rain as a very rare occurrence, happening only a few times a year. Dubai is also famously known for its shopping experience.

**SHARJAH**: This Emirate is the cultural capital of the UAE and has some of the most intriguing traditional architecture in the country. Archaeological museums, traditional buildings, natural history museums and souks form the heart of this glorious Emirate that can rival any destination to buy handicrafts from Iran, Pakistan and Afghanistan. Sharjah is also popularly known for its glorious past and promising future.
Zulekha Healthcare Group
25 Years of Compassionate Care

Success belongs to those who dedicate everything to their passion. The story of Zulekha Hospital is also the story of a team of passionate individuals led by Dr. Zulekha Daud and their relentless commitment to provide compassionate care to thousands of patients.

Zulekha Hospital has dedicated Centers of Excellence for several key specialties and super-specialties. These centers are unique, state-of-the-art facilities spread across both the premises in Dubai and Sharjah.

Patients from as far as the United States and Europe besides the neighboring region visit both the facilities for super-specialised treatments like High-risk Cardiac Care, Total Knee/Hip Replacement Surgery, Gynaecology Laparoscopic Surgery, Weight Loss Treatment, Paediatric Surgeries, Laser Eye Surgery, Medical and Surgical Oncology and much more. College of American Pathologists (CAP standard). We are also a recipient of the prestigious Dubai Quality Award for customer service and care.

Zulekha Healthcare Group is the first in the UAE to have both its multispecialty hospitals certified by Joint Commission International of USA for excellent medical care standards.

Centers of Excellence
Orthopaedics, Joint Replacement Surgery & Arthroscopy

Areas of Excellence

- Joint Replacement Surgery
  - Knee
  - Hip
  - Shoulder
  - Elbow
- Minimal Invasive Surgery
- Soft Tissue Surgery and Joint Preservation
- Sports Medicine
- Limb Lengthening and Deformity Correction
- Paediatric Orthopaedic Surgery
- Keyhole Surgeries-Knee, Shoulder, Spine Surgery & Instrumentation
- Physiotherapy
- Cartilage Restoration Procedures
- All kinds of fractures, dislocations & open injuries
Centers of Excellence
Cardiac Care including Interventional Cardiology & Cardiothoracic and Vascular Surgery (CTVS) Unit

Areas of Excellence

Non-Invasive Cardiology
- 24-hour Holter monitor
- 2D Echocardiogram
- Transesophageal Echocardiogram
- Exercise/Debutamine Stress Echocardiogram
- Exercise Stress Test
- CT-Angiogram

Invasive Cardiology
- Cardiac Catheterization
- Coronary Intervention
- Peripheral Angiogram and Interventions: Carotid, Renal, Celiac, Mesenteric and Extremities
- Permanent Pacemaker Placement
- AICD/CRT Placement
- ASD/PFO Closure

Cardiac Surgeries
- Bypass Surgery
- Valve Repair Surgery
- Beating Heart Surgery

Thoracic Surgery
- Lung Surgery
- Video Assisted Thoracic Surgery
- Chemoport Insertion

Vascular Surgery
- Arterial Bypass Surgery
- Endoscopic Vascular Surgery
- Aortic Surgery

Areas of Excellence

Centers of Excellence
Laparoscopy & Weight Loss Surgery

GET BACK TO GOOD SHAPE
OBESITY CAN BE TREATED

Areas of Excellence

- All basic & advanced Laparoscopic Abdominal procedures
- Laparoscopic Weight Reduction procedures such as Gastric Sleeve, Gastric Bypass, Revision Surgeries
- Endoscopic Weight Reduction procedure like Gastric Balloon
- Laparoscopic Anti-reflux procedures for Gastroesophageal Reflux disease, Hiatus Hernia & Chronic Heart Burn

- Laparoscopic Cholecystectomy & Appendectomy
- Laparoscopic Colorectal procedures to treat Colon Tumors, Rectal Prolapse
- Laparoscopic Splenectomy
- Laparoscopic Adrenalectomy
Centers of Excellence
Paediatric Orthopaedics & Paediatric Surgery

Areas of Excellence
- Neonatal Surgeries
- Congenital Diseases of Intestine
- Cysts and Sinuses
- General Paediatric Surgeries - Elective & Emergency procedures
- Hernia Surgery in children - Umbilical, Abdominal wall hernia & Inguinal Hernia
- Other emergency surgeries like - Torsion Testis, Torsion Ovary, Acute Scrotum, Acute Abdominal Pain, Peritonitis and Appendicitis.
- Genitalia Abnormalities like Hypospadias & Epispadias Surgery, Imperforated Anus and Hirschprung Disease
- Paediatric Orthopaedics - Case Diagnostic & Management, Cub Foot Deformities
- Paediatric Oncology
- Paediatric Urology
- Paediatric Endocrinology

Centers of Excellence
Neurosciences

Areas of Excellence
- Intervertebral Disc Disorders & Management
- Parkinson’s Disease
- Vertigo & Balance Disorders
- Chronic Migraine & Other complicated headaches
- Evaluation and Management of all Epilepsies
- Multiple Sclerosis and allied disorders
- Electroencephalography
- Nerve conduction
- BOTOX treatment
- Stroke Interventions
- Aneurysm Coiling
- AVM Embolization
- Carotid Stenting
- MR Imaging Studies
- Meningitis
- Facial paralysis
- Diabetic neuropathy
- Radiculopaties
- Brain Tumors
- Brain Hemorrhage
- Degenerative spine condition
- Tumors of the spine
- Paediatric neurosurgical condition like tumors & hydrocephalus
- Brain & Spine trauma
FOR A HAPPY MOTHERHOOD

Areas of Excellence
- Management of high-risk Obstetrics (Multiple Pregnancies, AOR, Pregnancy induced Hypertension, Gestational diabetes and Endocrine disorders)
- Laparoscopic removal of all kind of benign ovarian cysts
- Laparoscopic and hysteroscopic myomectomies
- Laparoscopic dye test
- Laparoscopic treatment of ectopic pregnancy

Areas of Excellence
- Hysteroscopic Polypectomies
- Vaginoplasty
- Level 3 NICU at Zubin Hospital
- Laparoscopic tubal surgery - unblocking of tube, reanastomosis of fallopian tubes & reconstructive reproductive surgery
- Antenatal care during the visit

Areas of Excellence
- Medical Oncology:
  - Early screening and treatment of Breast Cancer
  - Diagnosis and treatment of GIT Malignancy; Genitourinary Tract Cancer
  - Diagnosis and treatment of Haematological Cancer
  - Chemotherapy

Areas of Excellence
- Surgical Oncology:
  - Breast Cancer Procedures (Radical & Conservative Surgeries)
  - Thyroid and Neck Surgery procedure
  - Gynaecologic Procedures
  - Gastric and Colorectal Cancer Procedures (Curative and Palliative Procedures)
  - Soft Tissue Tumors & Melanoma
  - Onco & Plastic Skin Procedures (Including Plastic Flaps and Reconstructive Surgeries, Abdominoplasty)
Value Added Services
Ensuring your wellbeing all day and all night

SAFEGUARDING YOUR HEALTH AND HAPPINESS
ALL DAY AND ALL NIGHT

The award-winning, multi-disciplinary healthcare group introduced three major value-added services: Fast Track Clinic, Friday Clinic, and Night Clinic, at Zulekha Hospital in Dubai and Sharjah. With these new additions, the guests and patients will receive exclusive benefits from a relaxing environment to priority access and appointments to suit their lifestyle.

Night Clinic:
Zulekha Hospital offers a specialty appointment at night from 11 PM to 7 AM in departments like Paediatrics, Gynaecology, and Internal Medicines.

Fast Track Clinic:
Zulekha Hospital offers a unique one-on-one assistance like quicker registration, appointment, admission process, and billing to save time for our patrons.

Friday Clinic:
Zulekha Hospital extends its clinical services like specialist consultation and treatment procedures even on Fridays to ensure our patron’s convenience.

Second Opinion:
Zulekha Hospital offers exclusive free second opinion that helps our patrons reconfirm on life-changing diagnosis and choose the right treatment plan.

Areas of Excellence

Our Quality service and treatment are key drivers to deliver and abide to international standards; as a result, Zulekha Hospital is awarded with the Joint Commission International award.

Nephrology and Dialysis Unit: The Unit has the latest B. Braun Dialog Adimea dialysis machine program of Hemodialysis for acute as well as chronic renal failure patients.

Performance of Vascular access in form of insertion of Double Lumen Catheters, creation of A.V. Fistula, Peritoneal Dialysis and Renal Biopsy is being practiced here with one-to-one nursing care.

Services Offered: Hemodialysis for acute and Chronic Renal failure, Renal Biopsy, Creatine/Vascular access in form of Double Lumen.

Zulekha Hospital has the pleasure to serve you seven days a week throughout the year.

Through the wide variety of dialysis intervals, you can choose your dialysis session at your convenience based on your holiday schedule.

As soon as you arrive at our hospital, you will receive a warm welcome by our staff, who will render you guidance and advice at every step of your procedure. While treated at the dialysis unit, you may select whether to enjoy watching TV, listening to music while reading, or even browsing the internet using our free WiFi services.
Ten Easy Steps to experience international quality care

1. Get in touch – Zulekha Hospital
   International Patient Desk
   Email: marketing@zulekhabhopkab.com
   Mobile: +971 50 4739 360
   +971 50 497 5177 and
   +971 50 538 1920
   Phone: +971 4 2175748 or our
   International representatives in your
   country.

2. Send us your medical history -
   In order to provide you the best
   treatment in our facility, we
   encourage you to send us the
   results of your latest tests, i.e.,
   Angiography, Echocardiogram, MRI,
   CT Scans or other documents, for
   further review and evaluation.

3. Online consultation:
   Tailor making your treatment -
   Our doctors start assessing your
   medical history and your existing
   condition and they will discuss the
   various procedures and the best
   treatment for you. New surgical,
   minimal invasive techniques,
   ensuring a reduced hospital stay
   and the recovery • Regional or
   general anaesthesia and the lowest
   infection rates at our hospital
   • Advanced medicines that ensure
   the relief of pain and maximize
   ability of patients to enjoy an active
   life • Physical therapy programs for
   your speedy recovery • Making your
   flight back home pain free and
   comfortable.

   Choose us as your preferred health
   care destination. You can email,
   telephone or fax your medical
   requirements to us and we will
   reply with all the required details
   and travel advice. Drop us a line
   and our Care Officers will contact
   you.

4. Arrange your trip - You can
   start to arrange your flight tickets.
   VISA to UAE will be provided by
   Zulekha Hospital or through our
   Trusted Airline Partner on
   submission of your passport copy
   and recent passport size
   photograph.

5. Arrival - On arrival at Dubai
   Airport, our Zulekha Hospital
   representative (English speaking)
   will meet you at the Airport
   and transfer you to the Hospital.

6. Pre-op/Procedure check up -
   Your basic examination will be
   conducted the next morning
   (general examination, laboratory
   test, etc.)

7. Procedure - You will undergo
   the required treatment plan with a
   team of specialist doctors.

8. Post Op - After treatment, you
   shall stay at the chosen
   accommodation for prescribed days
   of stay in the hospital with one
   attendant (on choice).

9. Leave to your country

10. Medical follow-up
   Medical translator facility is
   available
   Translators/Interpreters available
   for Amharic, Arabic, Baluchi,
   Bengali, Chinese, Farsi, French,
   Gujarati, Hindi, Italian, Kannada,
   Konkani, Malayalam, Malayalam,
   Marathi, Nepali, Tagalog, Punjabi,
   Pashto, Romanian, Russian, Sinhalese,
   Spanish, Tamil, Urdu.
Support Services

- Rehabilitation & Physiotherapy
- Radiology • Laboratory
- Pharmacy

The evolution of Zulekha Hospital from a 30-Bed facility to a 32 department multi-speciality healthcare landmark is a definite sign of progressive implementation. Every world-class healthcare facility measures growth by the number of facilities offered to the community and Zulekha Healthcare Group takes pride in accommodating all modern facilities available today.

Additional to this, multiple disciplinary specialisations are now being converted into super-specialisation departments. Our global vision is based on these critical departments as we strive to serve you better.

Medical Specialities

- Accident & Emergency
- Anaesthesiology & Intensive Care
- Cardiology • Interventional Cardiology • Dentistry
- Dermatology and Cosmetology • Endocrinology • Gastroenterology • General Surgery
- Internal Medicine
- Minimal Invasive Surgery
- Neuro Surgery
- Nephrology and Dialysis
- Obstetrics & Gynecology
- Oncology • Ophthalmology
- Orthopaedics • Otolaryngology (ENT) • Paediatrics, Paediatric Surgery and Neonatology
- Psychiatry and Clinical Psychiology
- Pulmonology • Rheumatology
- Thoracic Surgery • Urology
- Weight Loss Surgery

Clinical Services:

- Cardiology & Cardiothoracic Surgery
- Nephrology
- Endocrinology
- Gastroenterology
- General Surgery
- Bariatric Surgery
- Plastic Surgery
- Sleep Lab
- Neurology & Neuro-surgery
- Dialysis
- Oncology and Radiotherapy Unit
- Dermatology & Cosmetology
- Paediatrics, Paediatric Surgery and Neonatology
- ENT, Head and Neck Surgery
- Physiotherapy and Rehabilitation
- Urology
- Gynaecology & Obstetrics
- Dental & Oral Surgery
- Orthopaedics & Sports Medicine
- Rheumatology
- NF

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Survey No. 232, Mankapur
Koradi Road Nagpur - 440030
Maharashtra, India.
Tel: 0981 712 7120 000
E-mail: info@alexishospital.com
Nagpur, Maharashtra
The Orange City of India

Nagpur is the winter capital and the third largest city of the Indian state of Maharashtra and the largest city of Central India. Nagpur is located in the centre of the country with the Zero Mile marker indicating the geographical centre of India. The city is renowned for being a major trade centre of oranges cultivated in the region thus giving the name Orange City of India. The commonly spoken languages are English, Hindi and Marathi. The typical Vidarbha region’s language is termed as ‘Varhadi’.

Roadmap to Medical Tourism
The biggest medical hub in Central India, Nagpur is on the map of health tourism owing to the availability of cost-effective yet state-of-the-art medical treatment options. Many international patients visit the city for its easy connectivity with major metro cities within India and internationally. Nagpur has an International Airport connected to many countries via Qatar Airways (Doha) as well as Air Arabia (Sharjah).

Areas of Excellence

Medical Oncology
- The Department of Medical Oncology provides state-of-the-art services in the management of cancer through the use of chemotherapy drugs. We offer diagnosis and treatment for the entire gamut of solid tumors and haematological malignancies affecting both adults and children.
- The centre is supported by a day care chemotherapy unit that allows patients to go home the same day while under treatment.

Surgical Oncology
- The Department of Surgical Oncology has a dedicated team of highly skilled Onco surgeons with extensive experience in delivering comprehensive treatment of cancer. A team of doctors including Plastic surgeon perform full range of cancer surgery and reconstructive procedures.
- World-class OT including Laparoscopic Cancer Surgeries Precession Oncology/Radiation Therapy

- The department is equipped with most advanced Varian TrueBeam SXT Linear Accelerator, it has been networked to CT Scan simulator (Siemens T12 Sire) and MRI scan (3 Tesla) with 3D/4D image transfer capability
- KIRT, KIRT, SBRT, SNS, FSI, Gated RapidScan, 3D CRT, 2D CRT, RPM system, FFF