

Zulekha Health Care Groups'
EFFORT

Earth Friends For Optimum Results Today (EFFORT) is the initiative of Zulekha Hospital and all the Environmental Friendly activities are conducted in the hospital under the same banner. It also signifies the way we look at caring and healing the mother Earth.

1. Earth Day Celebrations



Campaign - Earth Day Celebrations on 22nd April, 2009
Theme - You Draw and We Plant

Activity

On the day, canvasses were made available in different locations of the hospitals for our Patrons to draw a tree and the same numbers of trees (220) were planted in different parts of Sharjah, Dubai and Ajman in association with the concerned municipalities.

2. Mission Green Earth



Campaign
Theme

- Mission Green Earth
- Stand Up for a Green Earth Campaign

Activities

All staff of the respective hospitals took a pledge to reduce the consumption of paper and help in conserving the environment.

3. Reduce, Reuse, Recycle



Activity

The boxes are kept in different locations of the hospital to collect paper, glass and cartons for recycling and then collected to a central pool and sent to the concerned companies for recycle and reuse.



Please consider the environment before taking print 

We encourage our staff to restrain from taking print outs and even if it is taken, it is taken in the one side used paper.

4. Energy Conservation

Zulekha Healthcare Group's green movement with Earth-friendly Tips for daily practice at your work place!




EARTH-FRIENDLY ILLUMINATION

- Leave shades and blinds at office open during day time to conserve electricity.
- Encourage compact fluorescent light bulbs, they use 75% less energy than standard incandescent bulbs.

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EARTH-FRIENDLINESS OF IT DEPT.

- Request IT Dept. to set "Screensaver" time at 30 seconds inactivity for your monitor.
- Request IT Dept. to set computer "Standby" mode for 5 mins inactivity.

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EARTH-FRIENDLY LUNCH BREAKS

- Avoid paper/plastic bags to carry lunch. Use lunch boxes with thermal properties to avoid reheating.
- Avoid excessive usage of tissue paper. Carry hand towels or cotton napkins.

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EARTH-FRIENDLY POWER SAVING

- Switch off computer and other equipments at your desk including light during lunch time.
- Switch off "power" of rarely used office automation products like Printers.
- Switch off Air-conditioning whenever not necessary or when you leave a room.

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EARTH-FRIENDLY OFFICE USAGE

- Use plain paper fax machines so that you can avoid additional copy for records.
- Use paper clips, staples or strings instead of adhesive tapes that use industrial glue.

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EARTH-FRIENDLY PRINTING

- Reduce usage of printer unless it cant be avoided and encourage emails.
- Reuse the plain side of paper for both side prints and photo copying.

The above images are circulated among the staff for awareness and it is set as the screen saver as part of our Energy Conservation initiative.