

We bring care to your holiday experience.



CENTERS OF EXCELLENCE

- ① Cardiac Sciences ② Neuro Sciences
- ③ Orthopaedics & Joint Replacement ④ Cancer Care & Radiotherapy
- ⑤ Anaesthesia & Critical Care ⑥ Minimal Invasive Surgery
- ⑦ Mother & Child Care ⑧ Urology & Nephrology ⑨ Gastroenterology
- ⑩ Radiology ⑪ Pathology ⑫ Nutrition and Lifestyle management

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United Arab Emirates,
the nation that continues to realise dreams.



United Arab Emirates (U.A.E) is a country on the west coast of the Persian Gulf consisting of seven Emirates - Abu Dhabi, Dubai, Sharjah, Ajman, Umm Al-Quwain, Ras Al-Khaimah and Fujairah. The United Arab Emirates is situated on a peninsula in the Arabian Gulf and was formed in 1971. This fast developing coastal nation is bordered by Oman to the east and Saudi Arabia to the west and South Iran is the closest

country to it from the north. The UAE has emerged as a global hub for financial services, logistics, tourism, hospitality and trade, and is steadily growing in other sectors including healthcare. The healthcare sector has seen phenomenal growth as medical tourists from overseas have access to a highly-qualified pool of multi-disciplinary medical professionals, choice of world-class facilities, absence of long waiting

lists, value for money and a pleasant environment for post recovery, leaving little wonder why it is one of the world's fastest growing medical tourism hubs.

Destinations that tell stories of
commitment and dedication to provide a better life.



ABU DHABI: Abu Dhabi is the federal capital of the United Arab Emirates and the largest of the seven emirates. The emirate comprises 200 islands and has 700 kilometres' coastline. The world's largest hand-loomed carpet, the fastest rollercoaster, the highest high tea, the tower with the greatest lean, the largest cluster of cultural buildings of the 21st century is all to be found right here.

DUBAI: This is the most vibrant Emirate of the UAE and summarises the ambitious attitude of the nation. Dubai's cosmopolitan flavour is matched by the city's restaurants and entertainment venues, which provide a truly international array of choices for the visitors. Dubai has a year-round sunny climate with rain as a very rare occurrence, happening only a few times a year. Dubai is also famously known for its shopping experience.

SHARJAH: This Emirate is the cultural capital of the UAE and has some of the most intriguing traditional architecture in the country. Archeological museums, traditional buildings, natural history museums and souks form the heart of this glorious Emirate that can rival any destination to buy handicrafts from Iran, Pakistan and Afghanistan. Sharjah is also popularly known for its glorious past and promising future.

Zulekha Healthcare Group 25 Years of Compassionate Care



Success belongs to those who dedicate everything to their passion. The story of Zulekha Hospital is also the story of a team of passionate individuals led by Dr. Zulekha Daud and their relentless commitment to provide compassionate care to thousands of patients.

Zulekha Hospital has dedicated Centers of Excellence for several key specialities and super-specialities. These centers are unique, state-of-the-art facilities spread across both the premises in Dubai and Sharjah.

Patients from as far as the United States and Europe besides the neighboring region visit both the facilities for super-specialised treatments like High-risk Cardiac Care, Total Knee/Hip Replacement Surgery, Gynaecology Laparoscopic Surgery, Weight Loss Treatment, Paediatric Surgeries, Laser Eye Surgery, Medical and Surgical Oncology and much more. College of American Pathologists (CAP standard). We are also a recipient of the prestigious Dubai Quality Award for customer service and care.

Zulekha Healthcare Group is the first in the UAE to have both its multispeciality hospitals certified by Joint Commission International of USA for excellent medical care standards.



Centers of Excellence Orthopaedics, Joint Replacement Surgery & Arthroscopy



Areas of Excellence

- Joint Replacement Surgery
 - Knee
 - Hip
 - Shoulder
 - Elbow
- Minimal Invasive Surgery
- Soft Tissue Surgery and Joint Preservation
- Sports Medicine
- Limb Lengthening and Deformity Correction
- Paediatric Orthopaedic Surgery
- Keyhole Surgeries-Knee, Shoulder, Spine Surgery & Instrumentation
- Physiotherapy
- Cartilage Restoration Procedures
- All kinds of fractures, dislocations & open injuries

Centers of Excellence Cardiac Care including Interventional Cardiology & Cardiothoracic and Vascular Surgery (CTVS) Unit



Areas of Excellence

Non-Invasive Cardiology

- 24-hour Holter monitor
- 2D Echocardiogram
- Transesophageal Echocardiogram
- Exercise/Dobutamine Stress Echocardiogram
- Exercise Stress Test
- CT-Angiogram

Cardiac Surgeries

- Bypass Surgery
- Valve Repair Surgery
- Beating Heart Surgery

Invasive Cardiology

- Cardiac Catheterization
- Coronary Intervention
- Peripheral Angiogram and Interventions: Carotid, Renal, Celiac, Mesenteric and Extremities
- Permanent Pacemaker Placement
- AICD/CRT Placement
- ASD/PFO Closure

Thoracic Surgery

- Lung Surgery
- Video Assisted Thoracic Surgery
- Chemoport Insertion

Vascular Surgery

- Arterial Bypass Surgery
- Endoscopic Vascular Surgery
- Aortic Surgery

Centers of Excellence Laparoscopy & Weight Loss Surgery



GET BACK TO GOOD SHAPE

OBESITY CAN BE TREATED

Areas of Excellence

- All basic & advanced Laparoscopic Abdominal procedures
- Laparoscopic Weight Reduction procedures such as Gastric Sleeve, Gastric Bypass, Revision Surgeries
- Endoscopic Weight Reduction procedure like Gastric Balloon
- Laparoscopic Antireflux procedures for Gastroesophageal Reflux disease, Hiatus Hernia & Chronic Heart Burn

- Laparoscopic Cholecystectomy & Appendectomy
- Laparoscopic Colorectal procedures to treat Colonic Tumors, Rectal Prolapse
- Laparoscopic Splenectomy
- Laparoscopic Adrenalectomy

Centers of Excellence

Paediatric Orthopaedics & Paediatric Surgery



Areas of Excellence

- Neonatal Surgeries
- Congenital Diseases of Intestine
- Cysts and Sinuses
- General Paediatric Surgeries - Elective & Emergency procedures
- Hernia Surgery in children - Umbilical, Abdominal wall hernia & Inguinal Hernia
- Other emergency surgeries like - Torsion Testis, Torsion Ovary, Acute Scrotum, Acute Abdominal Pain, Peritonitis and Appendicitis.
- Genitalia Abnormalities like Hypospadias & Epispadias Surgery, Imperforated Anus and Hirschprung Disease
- Paediatric Orthopaedics - Case Diagnostic & Management, Cub Foot Deformities
- Paediatric Oncology
- Paediatric Urology
- Paediatric Endocrinology

Centers of Excellence

Neurosciences



A small problem can impact a large portion of your life.



Areas of Excellence

- Intervertebral Disc Disorders & Management
- Parkinson's Disease
- Vertigo & Balance Disorders
- Chronic Migraine & Other complicated headaches
- Evaluation and Management of all Epilepsies
- Multiple Sclerosis and allied disorders
- Electroencephalography
- Nerve conduction
- BOTOX treatment
- Stroke Interventions
- Aneurysm Coiling
- AVM Embolization
- Carotid Stenting
- MR Imaging Studies
- Meningitis
- Facial paralysis
- Diabetic neuropathy
- Radiculopathies
- Brain Tumors
- Brain Hemorrhage
- Degenerative spine condition
- Tumors of the spine
- Paediatric neurosurgical condition like tumors & hydrocephalus
- Brain & Spine trauma

FOR A HAPPY MOTHERHOOD



Areas of Excellence

- Management of high-risk Obstetrics (Multiple Pregnancies, IUGR, Pregnancy induced Hypertension, Gestational diabetes and Endocrine disorders)
- Laparoscopic removal of all kind of benign ovarian cysts
- Laparoscopic and hysteroscopic myomectomies
- Laparoscopic dye test
- Laparoscopic treatment of ectopic pregnancy
- Hysteroscopic Polypectomies
- Vaginoplasty
- Level 3 NICU at Zulekha Hospital
- Laparoscopic tubal surgery - unblocking of tube, reanastomosis of fallopian tubes & reconstructive reproductive surgery
- Antenatal care during the visit



Areas of Excellence

Medical Oncology:

- Early screening and treatment of Breast Cancer
- Diagnosis and treatment of GIT Malignancy; Genitourinary Tract Cancer
- Diagnosis and treatment of Haematological Cancer
- Chemotherapy

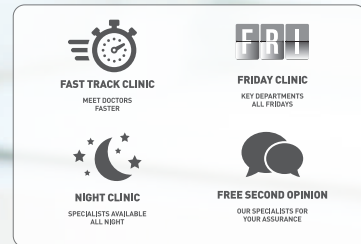
Surgical Oncology:

- Breast Cancer Procedures (Radical & Conservative Surgeries)
- Thyroid and Neck Surgery procedure
- Gynaecologic Procedures
- Gastric and Colorectal Cancer Procedures (Curative and Palliative Procedures)
- Soft Tissue Tumors & Melanoma
- Onco & Plastic Skin Procedures (including Plastic Flaps and Reconstructive Surgeries, Abdominoplasty)

Value Added Services

Ensuring your wellbeing all day and all night

SAFEGUARDING YOUR HEALTH AND HAPPINESS ALL DAY AND ALL NIGHT



Meet Specialists on Fridays.



STAY AHEAD FROM THE REST AT FAST TRACK CLINIC

The award-winning, multi-disciplinary healthcare group introduced three major value added services like Fast Track Clinic, Friday Clinic and Night Clinic, at Zulekha Hospital in Dubai and Sharjah. With these new additions, the guests and patients will receive exclusive benefits from a relaxing environment to priority access and appointments to suit their lifestyle.

Night Clinic:

Zulekha Hospital offers speciality appointment at night from 11PM to 7AM in departments like Paediatrics, Gynaecology and Internal Medicines.

Fast Track Clinic:

Zulekha Hospital offers a unique one-on-one assistance like quicker registration, appointment, admission process and billing to save time for our patrons.

Friday Clinic:

Zulekha Hospital extends its clinical services like specialist consultation and treatment procedures even on Fridays to ensure our patron's convenience.

Second Opinion:

Zulekha Hospital offers exclusive free second opinion that helps our patrons reconfirm on life-changing diagnosis and choose the right treatment plan.

Holiday Dialysis

A dream vacation with high standard medical services



Areas of Excellence

Our Quality service and treatment are key drivers to deliver and abide to international standards; as a result Zulekha Hospital is awarded with the Joint Commission International award.

Nephrology and Dialysis Unit: The Unit has the latest B.Braun Dialog Adimea dialysis machine program of Hemodialysis for acute as well as chronic renal failure patients.

Performance of Vascular access in form of insertion of Double Lumen Catheters, creation of A.V. Fistula Peritoneal Dialysis and Renal

Biopsy is being practiced here with one to one nursing care.

Services Offered: Hemodialysis for acute and Chronic Renal failure, Renal Biopsy Creatine/Vascular access in form of Double Lumen. Zulekha Hospital has the pleasure to serve you seven days a week throughout the year.

Through the wide variety of dialysis intervals, you can choose your dialysis session at your convenience based on your holiday schedule.

As soon as you arrive at our hospital, you will receive a warm welcome by our staff, who will render you guidance and advice you at every step of your procedure. While treated at the dialysis unit, you may select whether to enjoy watching TV, listening to music while reading, or even browsing the internet using our free ADSL/Wi-Fi services.

International Patient care

A comprehensive range of medical tourism services



Beyond clinical treatment,
we also take care of your travel, stay and return.



Ten Easy Steps to experience international quality care

1. Get in touch - Zulekha Hospital International Patient Desk by
Email: marketing@zulekhahospitals.com
Mobile: +971 50 8789 369,
+971 50 4975317 and
+971 50 5391920
Phone: +971 4 2175749 or our International representatives in your country.

2. Send us your medical history - In order to provide you the best treatment in our facility, we encourage you to send us the results of your latest tests, i.e.

Angiography, Echocardiogram, MRI, CT Scans or other documents, for further review and evaluation.

3. Online consultation:
Tailor making your treatment - Our doctors start on assessing your medical history and your existing condition and they will discuss the various procedures and the best treatment for you • New surgical, minimal invasive techniques, ensuring a reduced hospital stay and the recovery • Regional or general anaesthesia and the lowest infection rates at our hospital
• Advanced medicines that ensure

the relief of pain and maximize ability of patients to enjoy an active life • Physical therapy programs for your speedy recovery • Making your flight back home pain free and comfortable.

Choose us as your preferred health care destination. You can email, telephone or fax your medical requirements to us and we will reply with all the required details and travel advice. Drop us a line and our Care Officers will contact you.

4. Arrange your trip - You can start to arrange your flight tickets. VISA to UAE will be provided by Zulekha Hospital or through our Trusted Airline Partner on submission of your passport copy and recent passport size photograph.

5. Arrival - On arrival at Dubai Airport, our Zulekha Hospital representative (English speaking) will meet you at the Airport and transfer you to the Hospital.

6. Pre-op/Procedure check up - Your basic examination will be conducted the next morning (general examination, laboratory test, etc.)

7. Procedure - You will undergo the required treatment plan with a team of specialist doctors.

8. Post Op - After treatment, you shall stay at the chosen accommodation for prescribed days of stay in the hospital with one attendant (on choice).

9. Leave to your country

10. Medical follow-up
Medical translator facility is available

Translators/Interpreters available for Amharic, Arabic, Baluchi, Bengali, Chinese, Faarsi, French, Gujarati, Hindi, Italian, Kannada, Konkani, Malaysian, Malayalam, Marathi, Nepali, Tagalog, Punjabi, Pushto, Roman, Russian, Sinhalese, Spanish, Tamil, Telugu, Tulu and Urdu.

Zulekha Healthcare Group

World-class healthcare facilities in the UAE



Support Services

- Rehabilitation & Physiotherapy
- Radiology • Laboratory
- Pharmacy

The evolution of Zulekha Hospital from a 30-Bed facility to a 32 department multispeciality healthcare landmark is a definite sign of progressive implementation. Every world-class healthcare facility measures growth by the number of facilities offered to the community and Zulekha Healthcare Group takes pride in accommodating all modern facilities available today.

Additional to this, multiple disciplinary specialisations are now being converted into super-specialisation departments. Our global vision is based on these critical departments as we strive to serve you better.

Medical Specialities

- Accident & Emergency
- Anaesthesiology & Intensive Care
- Cardiology & Interventional Cardiology • Dentistry
- Dermatology and Cosmetology
- Endocrinology • Gastroenterology
- General Surgery

- Internal Medicine
- Minimal Invasive Surgery
- Neuro Surgery
- Nephrology and Dialysis
- Obstetrics & Gynaecology
- Oncology • Ophthalmology
- Orthopaedics • Otolaryngology (ENT) • Paediatrics, Paediatric Surgery and Neonatology
- Psychiatry and Clinical Psychology
- Pulmonology • Rheumatology
- Thoracic Surgery • Urology
- Weight Loss Surgery

Our International Subsidiary

Alexis Hospital in Nagpur, India



Clinical Services:

- Cardiology & Cardiothoracic Surgery
- Nephrology
- Endocrinology
- Gastroenterology
- General Surgery
- Bariatric Surgery
- Plastic Surgery
- Sleep Lab
- Neurology & Neuro-surgery
- Dialysis
- Oncology and Radiotherapy Unit

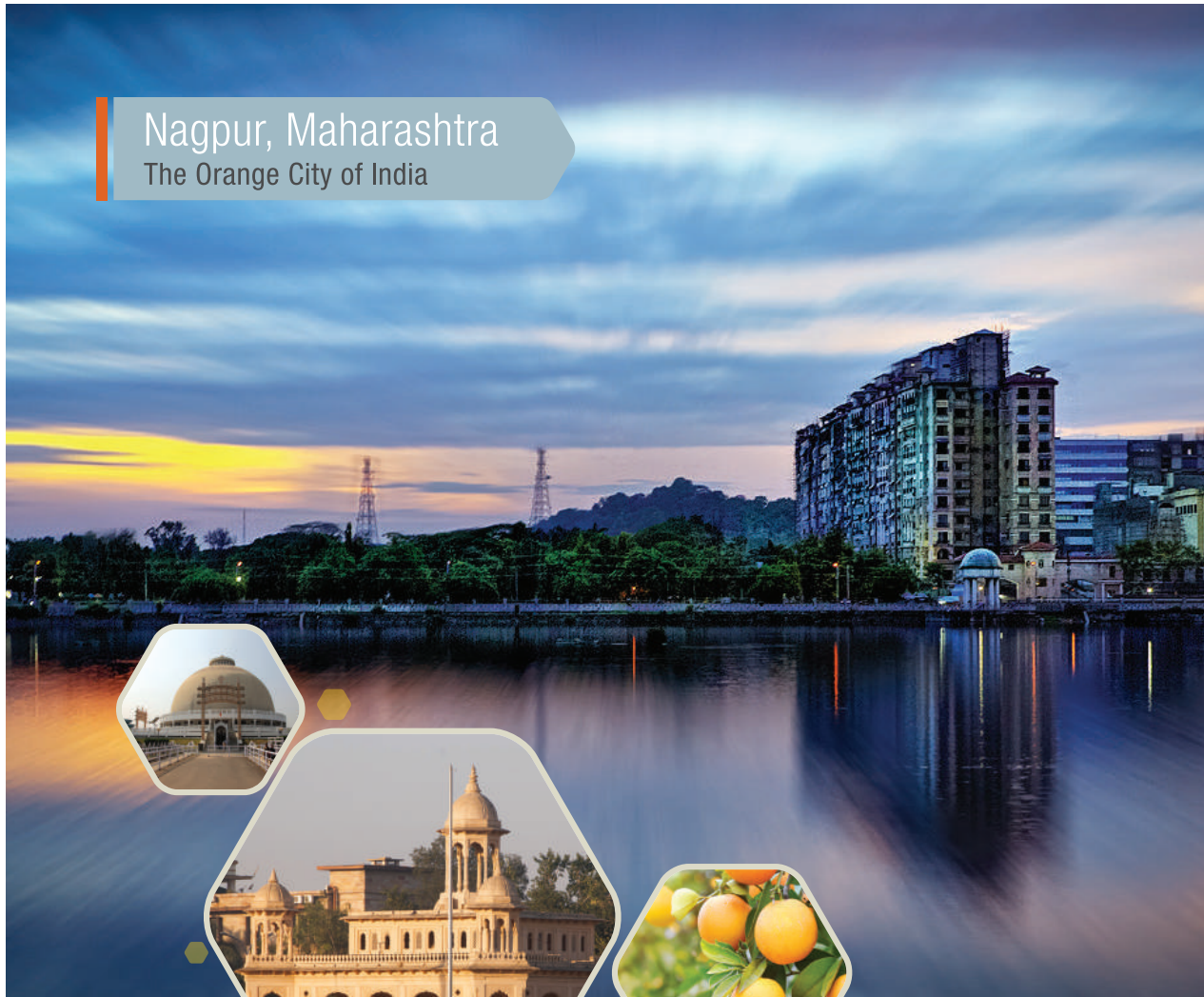
- Dermatology & Cosmetology
- Paediatrics, Paediatric Surgery and Neonatology
- ENT, Head and Neck Surgery
- Physiotherapy and Rehabilitation
- Urology
- Gynaecology & Obstetrics
- Dental & Oral Surgery
- Orthopaedics & Sports Medicine
- Rheumatology
- IVF

Alexis Multispeciality Hospital Private Limited

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Maharasta, India.
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Nagpur, Maharashtra

The Orange City of India



Nagpur is the winter capital and the third largest city of the Indian state of Maharashtra and the largest city of Central India. Nagpur is located in the centre of the country with the Zero Mile marker indicating the geographical centre of India. The city is renowned for being a major trade centre of oranges cultivated in the region thus giving the name Orange City of India. The common

spoken languages are English, Hindi and Marathi. The typical Vidarbha region's language is termed as 'Varhadi'.

Roadmap to Medical Tourism

The biggest medical hub in Central India, Nagpur is on the map of health tourism owing to the availability of cost-effective yet state-of-the-art medical treatment

options. Many international patients visit the city for its easy connectivity with major metro cities within India and internationally. Nagpur has an International Airport connected to many countries via Qatar Airways (Doha) as well as Air Arabia (Sharjah).

Centers of Excellence

Comprehensive Cancer Care



Areas of Excellence

Medical Oncology

- The Department of Medical Oncology provides state-of-the-art services in the management of cancer through the use of chemotherapy drugs. We offer diagnosis and treatment for the entire gamut of solid tumors and haematological malignancies affecting both adults and children.
- The centre is supported by a day care chemotherapy unit that allows patients to go home the same day while under treatment.

Surgical Oncology

- The Department of Surgical Oncology has a dedicated team of highly skilled Onco surgeons with extensive experience in delivering comprehensive treatment of cancer. A team of doctors including Plastic surgeon perform full range of cancer surgery and reconstructive procedures.
- World-class OT including Laparoscopic Cancer Surgeries Precession Oncology/Radiation Therapy

- The department is equipped with most advanced Varian TrueBeam SVC Linear Accelerator. It has been networked to CT Scan simulator (Siemens 128 Slice) and MRI scan (3 Tesla) with DICOM image transfer capability
- IGRT, IMRT, SBRT, SRS, FSRT, Gated RapidArc, 3D CRT, 2D CRT, RPM system, FFF