





## **Dr. Neeta Warty**

Specialist – Obstetrics, Gynaecology & Laparoscopic Surgeon

- Dr. Neeta Warty is a renowned Gynaecologist, Laparoscopic Surgeon and Infertility Specialist from Mumbai, India. Dr. Warty specializes in the areas of Advanced Laparoscopic Surgeries like Laparoscopic Pelvic floor repair for Prolapse, Tubal Reconstructive Surgeries, Laparoscopic Hysterectomies for Gynaecological Malignancies including Lymph Node sampling, treatment for Stress Urinary Incontinence, and corrective surgeries for uterine malformations.
- She has to her credit the removal of the largest Fibroid Laparoscopically and is also featured in the Limca book of World Records in 2003 and Guinness Book of World Records in 2000.

Dr. Warty is a visiting consultant at Zulekha Hospital, Dubai on a monthly basis.

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### Landmark Surgery at Zulekha Hospital

Julia (true name withheld on request) is 4kgs. lighter in two days thanks to the swift and a stunning keyhole surgery performed by Dr. Neeta warty and her team (Dr. Kapra, Dr.Rafid) at Zulekha Hospital in Dubai

Over the last 4years Julia had been diagnosed with an incapacitating fibroid. Fibroids are non-malignant growths in the wall of the uterus. On many occasions they are asymptomatic but can grow and cause pain, bleeding, pressure symptoms and infertility. The pain and discomfort would prevent Julia from attending work. The growth had now grown to the size of 9month pregnant uterus. She had sought opinions from many parts of the world including Dubai and London and was told that she would need major surgery, which would keep her in bed for at least 10days. In fact, several doctors had refused to operate due to the risks involved. Dr. Archana Gupta, Gynecologist at Zulekha Hospital counseled Julia about the possibility of a laparoscopic removal of the fibroid while achieving conservation of her uterus. Julia's aunt who is a consultant with the NHSS in UK and who was present with Julia's Parents during this 3hours and 40minutes bloodless surgery was overwhelmed with her niece's swift surgery and quick recovery. She said, the blood loss was less than the half a (500ml.) bottle of sprite!" Julia was ambulatory within 24hours of the laparoscopy and according to the local gynecologist, Dr. Jasbir Chatwal, she is fit to resume work in a weeks time and will be fit to travel to Belgium on business soon. Dr. Neeta Warty is optimistic that post surgery Julia will be able to conceive naturally.

Dr. Neeta Warty is a pioneer in the field of endoscopic surgery known as non-invasive or keyhole surgery. She received her advanced training in Laparoscopy at the Friedrick Schiller University, Jena, Germany with Professor Possover and Dr. Sinha in India. However she is currently invited faculty to the same institute where she received training due to her advanced surgical skills. She has been invited by several Hospitals in the UK, Canada, Switzerland, and USA to perform procedures, which require tremendous skill. She has performed more than 10500 endoscopic surgeries and is credited to have removed the heaviest fibroid in the world. Weighing 3.4kgs this was acknowledge in the Guinness and Limca books of records. She is one of the few surgeons who performs the entire operation relating to uterine cancer by means of keyhole surgery and has trained more than 800 national and international surgeons in the last twelve years.

Shaw's textbook of Gynecology for postgraduates has acknowledge her innovative contribution to laparoscopic treatment of uterine prolapse, a technique that is so impressed British surgeon Mr. Alfred Cutner that he adopted it for use in UK. She is the recipient of the national FOGSI Corion award. A state level swimmer and a nature lover, she has many hobbies such as organic farming.

Dr. Neeta Warty visits Zulekha Hospital where she holds several in-house training programs and will hold a Laparoscopic workshop at Zulekha Hospital.

## Dr. Neeta Warty featured in Guinness Book of World Records



Dr. Neeta Warty along with Dr. Sinha had in 2000 succesfully removed the heaviest Fibroid from inside the uterus of a woman using key hole (Laparoscopic) surgery. The 3.4kg fibroid removal that took place at REAMS hospital in Mumbai, India was featured in the Guinness Book of World Records.



# **CERTIFICATE**

The heaviest fibroid weighed 3.4 kg (7 lb 8 oz) and measured 20 x 12 cm (7.8 x 4.7 in) from the uterus of Meena Patel (India). The fibroid was removed by a team of surgeons led by Dr. Rakesh Sinha and Dr. Neeta Warty (both India) at the Bombay Endoscopy Academy and Centre for Minimally Invasive Surgery, Mumbai, India, on the 25th December 2000.



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### Dr. Neeta Warty featured in Limca Book of Records



#### INDIA AT HER BEST

st unicompartmental knee arthroplasty Knee specialist Dr Ashok Rajagopal performed a unicompartmental knee arthroplasty (UKA) — minimally invasive partial knee replacement surgical procedure to increase mobility in patients afflicted with osteo and rheunatoid arthritis -at Sitaram Bhartiya Institute of Science and Research, Delhi in April 2002. UKA (two inch incision), in which, of the three compartments in the knee, only the arthritis-affected one can be replaced, reduces pain and expenses and shortens hospital stay. Introduced in the 1970s by Dr Marmor as an alternative to traditional knee replacement (11-14 inch incision), Dr Rajagopal and a team of Australian doctors further modified the procedure after extensive research in the late 1990s.



#### Fastest LTT

Dr Lalit Mohan Pant, Surgeon Medical Officer, Dept. of Health & Family Welfare, M.P. can perform a Laparoscopic Tube Tying (LTT) operation within 20 seconds tying up the fallopian tubes. Since 1991, he has performed 1,03,639 LTTs. His highest in a year was 24,968 LTTs in 2000-01 and 816 operations in a day on Dec. 26, 2000. He has won the 'Highest Number of Family Planning Operations Award in M.P. State' — given by the Association of Surgeons of India consecutively since 1994. Dr Y.S. Raghuvanshi of District

Dr Y.S. Raghuvanshi of District Hospital, Guna, M.P. performed 596 LTT operations in 11 hours on Dec. 12, 2001 at two camps (293 in Chanderi in five hours and 303 in Esagarh in six hours). In 2001-02, he performed 4,000 LTTs.

LIMCA BOOK OF RECORDS 2003

First keyhole bladder removal

Dr Inderbill Gill from Cleveland Clinic, Ohio removed a cancerous bladder through a keyhole surgery at the Dept. of Urology, AIIMS, New Delhi on Feb. 21, 2000. Such laparoscopic radical cystectomy had been performed only twice earlier — both at Cleveland, Ohio.



A team of surgeons led by Dr Rakesh Sinha and Dr Neeta Warty at Bombay Endoscopy Academy and Centre for Minimally Invasive Surgery (BEAMS) laparoscopically removed a fibroid weighing 3.4 kg from the uterus

Taparoscopically removed a fibroid weighing 3.4 kg from the uterus of Noorjahan Markar (38) of Mumbai on Dec. 25, 2000. The patient had several fibroids of which the largest measured 20 × 12 cm. The fibroids were removed through a hole as small as 5-10 mm. The patient had a reaction to blood later in the evening for which she had to undergo hysterectomy. BEAMS, an exclusive endoscopic centre for women opened in 1994.

#### Largest laparoscopic hysterectomy

Dr Rakesh Sinha and his team at BEAMS laparoscopically removed a fibroid uterus of a 44-year-old woman from Mumbai on Nov. 21, 2000. Although the laparoscopic removal of uterus is now quite common (the first womb was removed through an abdominal hole as small as 5-10 mm in 1989 in the USA), this case was unique as her uterus measuring 21 cm weighed 2.7 kg,



cm weighed 2.7 kg, nearly as large as a new born child. (*Patient's* name withheld on request.)

Conventionally hysterectomy is either done through a large cut made in the abdomen or vaginally. A normal uterus weighs 70 gm and measures around 7.5 cm.

### **FOGSI-CORION AWARD**

Dr. Neeta Warty has been felicitated by the FOGSI-CORION Award for the year 2007. She was conferred this commendation by the Federation of Obstetrics and Gynaecological Society of India for her extensive scientific research work carried out in the field of Obstetrics and Gynaecology among the senior members of the Gynaecology society.



### Endoscopic surgery on Patient with two Uteri

Dr. Neeta Warty was featured in the Journal of Healthcare Management for succesfully carrying out keyhole surgery on a patient with two Uteri at the Jaslok Hospital in Mumbai, India.



# Unique feat of conducting 30 surgeries in 19 hours

Dr. Neeta Warty holds the unique feat of conducting 30 succesful endoscopic surgeries in a non-stop stretch of 19 hours. This made headlines and was featured in several news publications all over India.



# First Live Advanced Laparoscopy Workshop at Zulekha Hospital



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